



**Northwood**  
Technical College

Join the Douglas County Caregiver Coalition as we host the spring Caregiver Conference! This in-person event will include four educational sessions on topics important for caregivers and families, plus snacks, an on-site resource fair, and conference materials and resources.

Also offered Online Live via Zoom.

**Program notes:**

- Online live links will be emailed to students 1-2 days prior to the event.
- Watch parties will be held in some communities around Northwest Wisconsin. Communication regarding specific locations and how to RSVP for a watch party will be provided directly from the local organizations hosting each event.

**Conference Fees:**

**Family Caregiver:**

\$21 | \$6.38 (62+)

**Professional Caregiver:**

\$35 | \$20.28 (62+)

Hosted by the Douglas County Caregiver Coalition.



**Spring Caregiver Conference**

**Keeping the Brain Healthy: Tips and Tools for End of Life Care**



**Thursday, May 9, 2024**

**1 p.m. - 5 p.m.**

**Northwood Technical College – Conference Center**  
600 N. 21st Street, Superior, WI

**Conference Agenda**

12:30 - 1 p.m. ....	Resource Fair/Registration Check-In
1 - 1:05 p.m. ....	Welcome
1:05 - 2 p.m. ....	<b>Keynote Presentation: Our Aging Brain: What is Typical and When to be Concerned</b> by Sheri Fairman
2 - 2:10 p.m. ....	Break
2:10 - 3 p.m. ....	<b>WI Advance Directive Forms - What Are They and What Do I Need?</b> by Yvonne Michaud Novak
3 - 3:10 p.m. ....	Break
3:10 - 4 p.m. ....	<b>Providing Compassionate Care at End of Life</b> by Lynae Bednar & Rachael Wenner
4 - 4:10 p.m. ....	Break
4:10 - 5 p.m. ....	<b>End of Life Nutrition</b> by Jill Ortloff
5 - 5:30 p.m. ....	Resource Fair

# Spring Caregiver Conference

## Session Descriptions



### **Keynote: Our Aging Brain: What is Typical and When to be Concerned**

**Sheri Fairman,  
Consultant and  
Owner, Dementia  
Care Solutions, LLC**

What is typical and when should we be concerned? If thinking and memory problems arise, can it be something reversible? YES! Learn about the causes of these symptoms, what you can do to improve them, and how to know if it's something more serious.

Sheri Fairman has a Master's degree in Social work with over 14 years of experience working with the elderly and their care partners. She is a Certified Independent Champion Teacher, Trainer, Consultant and Coach with Teepa Snow's Positive Approach to Care and works as a Mentor on her team. Fairman is the owner of Dementia Care Solutions and provides consulting, coaching, training, and presentation services specific to quality dementia care. Sheri has developed an approach to dementia care called the Fish Approach. This is a communication focused approach to dementia care allowing care partners to identify their own verbal interactions and how to make a shift to better support people living with dementia.



### **WI Advance Directive Forms- What Are They and What Do I Need?**

**Yvonne Michaud Novak, Attorney**

An advance directive describes, in writing, treatments you want or don't want. It tells others what to do with your care if you get injured and can't express your wishes. Advance Directive forms include a Living Will, a Power of Attorney for Health Care, a Power of Attorney for Finance and Property, and Authorization for Final Disposition. In this session, you'll learn to differentiate between the various forms of advance directives, learn what is required to make the directive legally enforceable, and discuss how to talk to a person about the need for advance directives.

### **Providing Compassionate Care at End of Life**

**Lynae Bednar, RN- Regional Director of Clinical Operations; Rachael Wenner, Funeral Director, and Regional Director of Business Development, Moments Hospice**

This education will provide caregivers with basic knowledge of the dying process and ways to identify pain, disease progression and symptoms. Basic caregiving techniques will be covered as well as an introduction to Namaste Care. Knowledge about end-of-life cares helps caregivers have confidence and provide the best quality of care for the terminally ill.

### **End of Life Nutrition**

**Jill Ortloff, Licensed Registered Dietitian, St. Croix Hospice**

Are you prepared to discuss end of life nutrition with a patient or loved one? This presentation will discuss how to approach this tough conversation. You'll learn about the impact of nutrition and hydration on patient comfort at end of life, nutrition related signs and symptoms that may trigger a hospice referral, the role of a hospice dietitian, and much more.



# REGISTRATION FORM

for Continuing Education (non-credit) Courses

LOCATION

Last Name	First Name	M.I.	Former Last Name (if applicable)	Date of Birth
Employer				Age 62+?

Northwood Tech Student ID No. \_\_\_\_\_ Social Security No. \_\_\_\_\_ I've taken classes at Northwood Tech in the past.

\*Why do we ask for SSN? NorthwoodTech.edu/SSN

Email address (required for college alerts and important communication) \_\_\_\_\_ Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_

Home address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Resident of (check one):  Township  Village  City  County School District where you live \_\_\_\_\_ Last High school attended \_\_\_\_\_

Highest grade COMPLETED (K-12): \_\_\_\_\_

Gender:  Male  Female Ethnicity: Hispanic/Latino origin?  Yes  No

Race (check all that apply):  American Indian/ Alaska Native  Asian  Black/African American  Native Hawaiian/Other Pacific Islander  White

Highest Credential Earned:

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> 01 = No Credential       | <input type="checkbox"/> 05 = Some college credit               | <input type="checkbox"/> 08 = 2yr Diploma                                 | <input type="checkbox"/> 11 = Baccalaureate            |
| <input type="checkbox"/> 02 = GED                 | <input type="checkbox"/> 06 = Short-term diploma or certificate | <input type="checkbox"/> 09 = Associate Degree                            | <input type="checkbox"/> 12 = More than Baccalaureate  |
| <input type="checkbox"/> 03 = HSED                | <input type="checkbox"/> 07 = 1yr Diploma                       | <input type="checkbox"/> 10 = Associate Degree Plus Additional Credential | <input type="checkbox"/> 99 = Student Declined/Unknown |
| <input type="checkbox"/> 04 = High School Diploma |   |   |  |

\*It is your responsibility to contact Northwood Tech to officially drop a class. If you decide to drop, you should do so immediately as a single day can affect your refund amount. A full refund will be given if you notify Northwood Tech prior to the first scheduled class meeting.

**OFFICE USE ONLY**

Term: \_\_\_\_\_

38.14 Contract # \_\_\_\_\_

Employer # \_\_\_\_\_

Course Fees \$ \_\_\_\_\_

Senior Fee \$ \_\_\_\_\_

Other \_\_\_\_\_

Received By/Ext. \_\_\_\_\_

Date/Time \_\_\_\_\_

CLASS NO.	CATALOG NO.	CLASS TITLE	LOCATION	START DATE	CLASS FEE
	47-520-405	Spring Caregiver Conference	In-Person or Online Live	May 9	
Once registered for a course(s), you have created a liability with Northwood Tech and a promise to pay.					TOTAL

Check the appropriate box below before proceeding to payment method:

- |   |  |
|---|--|
| <input type="checkbox"/> Family Caregiver               | <input type="checkbox"/> Professional Caregiver (CEU)    |
| <input type="checkbox"/> \$21 (In-Person)               | <input type="checkbox"/> \$35 (In-Person)                |
| <input type="checkbox"/> \$6.38 (age 62+) (Online Live) | <input type="checkbox"/> \$20.28 (age 62+) (Online Live) |

\*If registering a group or if business is paying and wants to be invoiced, contact [melissa.buxton@NorthwoodTech.edu](mailto:melissa.buxton@NorthwoodTech.edu) for information.

PAYMENT METHOD: <input type="checkbox"/> Check or money order payable to Northwood Tech <input type="checkbox"/> Cash <input type="checkbox"/> Mastercard <input type="checkbox"/> Discover		Exp. Date _____ Security Code _____
Visa <input type="checkbox"/> Agency Bill/Sponsored Registration - complete information below; attach required authorization	Month/Year _____	
Credit Card No. _____	Name on Card _____	Cardholder Signature _____

\* For registration questions, please visit [bit.ly/superiorcaregiver2024](http://bit.ly/superiorcaregiver2024) or contact Melissa Buxton at [Melissa.Buxton@NorthwoodTech.edu](mailto:Melissa.Buxton@NorthwoodTech.edu)



**ONLINE**  
[bit.ly/superiorcaregiver2024](http://bit.ly/superiorcaregiver2024)

**MAIL**  
 Send registration & payment to Superior Campus

600 N. 21st St. Superior, WI 54880

Northwood Tech  
600 N. 21st St.  
Superior, WI 54880

**Thursday, May 9, 2024**

Attend Virtually or In-Person!

## CAREGIVER CONFERENCE



### **Keeping the Brain Healthy: Tips and Tools for End of Life Care**

Thursday, May 9, 2024 | 1 p.m. - 5 p.m.

Thank you to our conference sponsors. For a full list, please visit the event page.



**REGISTER**



Visit the event page:

**[bit.ly/superiorcaregiver2024](https://bit.ly/superiorcaregiver2024)**