

WITC • First in Training Solutions • PROFESSIONAL DEVELOPMENT

# **Continuing Education**

# FALL 2018

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WISCONSIN INDIANHEAD TECHNICAL COLLEGE

ASHLAND • NEW RICHMOND • RICE LAKE • SUPERI HAYWARD • LADYSMITH WITC.EDU

# **WITC Continuing Education**

# **BUSINESS**

pgs 3 – 10

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Business & Economic Development
Computers/Information Technology
Human Resources/Leadership
Insurance/Real Estate

# HEALTH

CBRF
EMS
Health & Wellness
Health Care

# **HUMAN SERVICES**

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Early Childhood Education
Responsible Beverage & Foods

# SAFETY, TRADES & INDUSTRY pgs 20 - 22

Manufacturing & Technology
Safety
Transportation & Engines
marine repair, automotive, small engines, CDL

# **CONFERENCE CENTERS**

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WISCONSIN INDIANHEAD TECHNICAL COLLEGE

To register for classes, see page 30.

## A Note About Class Numbers

When you register for a class, please provide *both* the Catalog **and** Class numbers.

**Catalog Number** is a hyphenated eight-digit number (12-345-678) found *under* the Class Title.

**Class Number** is a bold five-digit number (12345) found to the *left* of class meeting details.

For a complete list of WITC

Continuing Education

classes, go to: courses.witc.edu

WITC is an Equal Opportunity/Access/Affirmative Action/Veterans/Disability Employer and Educator.

# **BUSINESS**

# Business & Economic Development

#### **Make Your Money Matter**

#### 42-102-423

Ready to master your money so it will no longer master you? In this class you'll learn: ways to reduce financial stress with a personal financial plan, howto's of financial planning and options for planning for both the expected and unexpected. Also explore estate planning, retirement planning, asset management, investments and more! Your instructor has been a Certified Financial Planner for over 16 years and is the current owner of an advisory firm.

65038\* Sep 18 – Oct 30 Tu 6:30-8:30p \$149/\$108.74 New Richmond: 1201 Brett Anderson \*Class does not meet Oct. 23

## **Resume Writing Workshop**

#### 47-801-411

Enhance, or even start, your resume! Learn how to make a good first impression, write a great resume, and sell yourself in the interview to get hired for the job. Your instructor comes to you with 14 years of experience as a professional in the education field, including managing, hiring and recruitments.

 65105
 Sep 27
 Th 5:30-8:30p
 \$17.92/\$4.50

 Rice Lake: 207
 Jennifer Siem

## Social Media for Business

#### 47-107-491

Want to market your business on social media but don't know where to start? Discover various platforms and how to determine which is best, understand the types of content that get engagement, discuss image creation tools and learn how to schedule your post in advance. Basic computer skills are required.

NOTE: For all sections course fee is \$25/\$11.58

#### Oct 16 / Tu 6-9p

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65288	ITV: Rice Lake	Abigail Holman
65289	ITV: Superior	Abigail Holman
65290	ITV: Ashland	Abigail Holman
65291	ITV: New Richmond	Abigail Holman
65316	ITV: Ladysmith	Abigail Holman
65917	ITV: Balsam Lk (Unity School)	Abigail Holman

### How to Start Your Own Business

#### 47-102-416

Explore the ins and outs of starting your own business. Do you have what it takes to be an entrepreneur? We will guide you through some state law requirements and show you how to obtain an EIN. This course helps you make the decision on what business entity you should be: S-Corp, C-Corp. or LLC. We will also give you helpful tips on creating and presenting a business plan. This fast-paced high-energy course will have you walking away energized and with ample knowledge on the subject of starting your own business.

64873	Oct 4	Th 6-9p	\$25/\$11.58
	New Richmond:	1208	Jim Traeger
64874	Nov 7	W 6-9p	\$25/\$11.58
	New Richmond:	1215	Jim Traeger

# Computers/Information Technology

### Web Page Design Using Free Apps 47-104-413

Learn how to use wix.com to create a free, stunning, simple and effective website. Easy drag-and-drop, designer-made templates, beautiful galleries, mobile optimized, domains, huge image collection, secure hosting and SEO all wrapped up in one free website builder. Just pick a template, change what you want, add your images, videos, text and more!

65417 Nov 13 – Nov 15 TuWTh 6-8p \$24.63/\$4.50 Rice Lake: 207 Abigail Holman





# WITC'S **TRUCK DRIVING** The highway to high pay starts here.



800.243.9482 ext. 5220 www.witc.edu/Truck-Driving

#### Web Design 101

47-107-414

Care to dabble in web design? Don't be afraid to try! Learn the fundamentals of web design. Plan the content, structure and layout of your website. Discover web-based software options for creating and hosting a site.

65283	Sep 21	F 2-5p	\$25/\$11.58
	New Richmo	nd: 1203	Adam Nelson

#### Intro to Photoshop

60-107-607

Do you value your photos and wish to stylize them? Learn how to enhance and manipulate your photos using the industry leading Adobe Photoshop software. Understand composition of images, resolution and quality, creating layers, scanning, and importing into page layout documents. Create illustrations and modify graphics using various tools and techniques in Photoshop. Please bring a photo you would like to use for this class.

65285 Dec 4 – Dec 13 TuTh 6-8p \$40.50/\$22.50 Rice Lake: 207 Abigail Holman

### **Twitter Training**

60-107-602

What's all the tweeting about? Learn how to set up a Twitter account and find out! See the news before it hits television. Follow family, friends, celebrities and politicians.

65228	Oct 26	F 1-4p	\$22.50/\$13.50
	WITC-Hayward		Patti Rumler

#### **Beginning Microsoft Excel**

#### 47-103-401

You will be amazed at what Excel can do for you! Understand the basics of navigating through the cells, formatting and setting up a spreadsheet for maximum efficiency. You will see how easy it is to have your numbers calculated for you in just seconds and how to sort through long, ponderous lists with ease. Prerequisite: Basic computer skills. Lunch is included.

65292	Sep 28 Superior: 300	F 9a-4p	\$39/\$12.16 Roberta Grube
65295	Oct 12 Superior: 301	F 9a-4p	\$39/\$12.16 Roberta Grube

#### Intermediate Microsoft Excel

#### 47-103-401

Are you ready for the next level of Excel? Dig into more advanced functions and formulas including date and finance functions. Explore how to customize charts, briefly explore pivot tables, create customized formatting, and protect your workbooks, worksheets or cells. Work with multiple workbooks and named ranges. Prerequisites: Beginning Excel or equivalent skills including how to create, open, save, format and print a worksheet, use formulas and the SUM function. Lunch is included.

65294	Oct 5 Superior: 300	F 9a-4p	\$39/\$12.16 Roberta Grube
65296	Oct 26 Superior: 301	F 9a-4p	\$39/\$12.16 Roberta Grube

#### **Microsoft Office for Seniors**

47-103-410

Has your computer been updated with Microsoft Office 2016? Your instructor will guide you to feel more comfortable using programs such as Word, Excel, PowerPoint, and Access.

65299	Sep 4 – Sep 19	TuW 4:30-6:30p	\$44.76/\$4.50
	Rice Lake: 209		Sarah LaRose
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#### **OneDrive and Free Microsoft Apps**

47-103-410

Did someone say free? Discover which Microsoft Office online apps are free to use on your computer, tablet or mobile device. Select from Word, Excel, PowerPoint, OneNote, Calendar and more. Learn how you can save and share your documents from these apps with Microsoft OneDrive.

65230	Oct 16 – Oct 17 Superior: 312	TuW 4-6p	\$25/\$11.58 Amy Pozniak
65280	Dec 4 – Dec 6 Ashland: 210	TuTh 5-7p	\$25/\$11.58 Melissa Weber

#### **Skype for Business**

#### 47-103-410

Understand and use Skype for Business, the enterprise version of Microsoft's popular conferencing and communication app. Explore instant messaging, audio, and video features, including how to send files, start and join conversations, and add contacts to existing calls and IMs. Plus, learn to schedule meetings and poll participants, use the presenter toolkit and connect with mobile devices.

65282	Sep 7 New Richmond:	F 2-5p <i>1203</i>	\$25/\$11.58 Adam Nelson
65286	Oct 17 <i>Rice Lake: 180</i>	W 5:30-8:30p	\$25/\$11.58 Abigail Holman
65281	Oct 26 Ashland: 207	F 1-4p	\$25/\$11.58 Melissa Weber

#### **Microsoft Publisher: Beginning**

#### 47-103-450

Microsoft Publisher makes designing professional publications as easy as tying your shoe! No graphic design experience needed. Generate visually rich, professional-looking publications without investing lots of money and time in a complicated desktop publishing application. You can make things as simple as greeting cards and labels or as complex as yearbooks, catalogs and professional email newsletters.

65298	Nov 30	F 8a-12p	\$25/\$11.58
	Superior: 300		Roberta Grube

#### What's New in Windows 10

#### 47-103-409

Learn the essential components of Windows 10. Become familiar with how to customize the start menu and work with the mouse, touchscreen, and keyboard. Explore apps, create and modify user account settings, and understand file storage including photo management. Please bring your laptop if you have one.

65229	Oct 2 – Oct 3	TuW 4-6p	\$25/\$11.58
	Superior: 312		Amy Pozniak

#### **Beginning Microsoft Word**

47-103-438

Maximize the power of Microsoft Word. Learn word processing basics and tips to create, edit and format documents; understand files and folders; check spelling and grammar; change font and font size; create tables, tabs, envelopes, labels, borders and shading and much more. Prerequisite: basic computer and keyboarding skills. Lunch is included.

65297	Nov 2	F 9a-4p	\$39/\$12.16
	Superior: 300		Roberta Grube

#### QuickBooks

47-103-439

Learn the essentials of QuickBooks desktop accounting software. From bookkeeping and billing to payments and payroll, you can access data securely, understand how to sync it across devices, create invoices and track sales. Basic computer skills required. Lunch is included.

65284	Nov 2	F 9a-4p	\$39/\$12.16
	New Richmond:	1309	Charity Williams

# Human Resources & Leadership

#### **Dale Carnegie Immersion Seminar**

#### 47-801-436

Do you desire to master the skills needed to be a champion in your profession? Influence others and strengthen your communication skills? Improve your confidence and vision? Then this is for you! Consider this 3 days of career rehabilitation. You'll sharpen the skills you need to excel in today's business environment, including: persuasive communication, creative problem solving, conflict resolution and maintaining a positive attitude amidst change. This is a unique and rare opportunity for business people, leaders, entertainers—anyone who wishes to outperform their personal best.

65141 Oct 17 – Oct 19 WThF 8a-4:30p \$1785/\$1704.48 Superior: 108F Dale Carnegie Training

#### HR for the Non-HR Manager

#### 47-196-422

Do you manage people or perform HR tasks as a part of your job? Want to break into HR as a profession? Or desire to update your current HR knowledge? Then this is for you! Hone HR skills that impact the strategic direction of your company and career as you explore real-world, practical and legal issues faced in the workplace today. Co-sponsored with St. Croix Valley Employers Association (SCVEA). Breakfast & lunch included.

65213	Nov 2	F 9a-3p	\$89/\$68.87
	New Richm	ond: 1122A	Sally Field

#### **Essential Supervisory Skills**

#### 47-196-520

Essential Supervisory Skills training gives you the tools to meet the changing demands of the modern business environment. Whether you have just been promoted or have many years of supervisory experience, these skills will make you and your team more efficient and effective. Modules include: The New Supervisor, Communication, Employee Motivation and Teams, Performance Managementworking with HR, and Leader vs. Manager. This training is interactive with practical skill applications, individual and small group exercises and reallife examples. Breakfast & lunch included.

64188 Sep 12 – Sep 19 W 8a-4:30p \$159/\$105.32 New Richmond: 1122A Peter Ptacek/Kelly Sylte

## Insurance

#### **Insurance: Accident and Health**

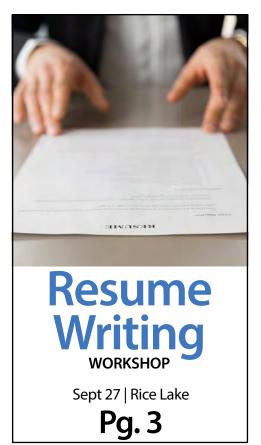
#### 47-162-426

This course is designed to meet the 20-hour requirement for prelicensing education in the area of accident and health insurance. Prerequisite: You must take the 8-hour Principles Law & Ethics course to apply for your license. If it is past a year since having the laws course and you are taking additional prelicensing classes, the OCI requires you take the class again before testing. You are required to purchase the textbook at the WITC bookstore before class.

NOTE: For all sections course fee is \$59/\$18.74

Sep 11 – Sep 12 / Tu 8:30a-5:30p , W 8:30a-12:30p		
64934	ITV: New Richmond	Rodney Schultz
64935	ITV: Rice Lake	Rodney Schultz
64936	ITV: Superior	Rodney Schultz
64937	ITV: Ashland	Rodney Schultz
64938	ITV: Hayward	Rodney Schultz
Nov 13	- Nov 14 / Tu 8:30a-5:30p , W 8:3	0a-12:30p
64973	ITV: New Richmond	Rodney Schultz
64974	ITV: Rice Lake	Rodney Schultz
64975	ITV: Superior	Rodney Schultz
64977	ITV: Ashland	Rodney Schultz
64978	ITV: Hayward	Rodney Schultz





#### Insurance: Casualty

47-162-429

This course is designed to meet the 20-hour requirement for prelicensing education in the area of casualty insurance. Prerequisite: You must take the 8-hour Principles Law & Ethics course to apply for your license. If it is past a year since having the laws course and you are taking additional prelicensing classes, the OCI requires you take the class again before testing. You are required to purchase the textbook at the WITC bookstore before class.

NOTE: For all sections course fee is \$59/\$18.74

Oct 17 - Oct 18	/ W 1:30-5:30p	, Th 8:30a-5:30p
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64968	ITV: New Richmond	Rodney Schultz
64969	ITV: Rice Lake	Rodney Schultz
64970	ITV: Superior	Rodney Schultz
64971	ITV: Ashland	Rodney Schultz
64972	ITV: Hayward	Rodney Schultz
Dec 19	- Dec 20 / W 1:30-5:30p , Th 8:3	0a-5:30p
64993	ITV: New Richmond	Rodney Schultz
64993 64995	ITV: New Richmond ITV: Rice Lake	Rodney Schultz Rodney Schultz
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64995	ITV: Rice Lake	Rodney Schultz
64995 64996	ITV: Rice Lake ITV: Superior	Rodney Schultz Rodney Schultz

#### **Insurance:** Life

#### 47-162-427

This course is designed to meet the 20-hour requirement for prelicensing education in the area of life insurance. Prerequisite: You must take the 8-hour Principles Law & Ethics course to apply for your license. If it is past a year since having the laws course and you are taking additional prelicensing classes, the OCI requires you take the class again before testing. You are required to purchase the textbook at the WITC bookstore before class.

NOTE: For all sections course fee is \$59/\$18.74		
Sep 12 -	- Sep 13 / W 1:30-5:30p , Th 8:30	)a-5:30p
64939	ITV: New Richmond	Rodney Schultz
64940	ITV: Rice Lake	Rodney Schultz
64959	ITV: Superior	Rodney Schultz
64960	ITV: Ashland	Rodney Schultz
64961	ITV: Hayward	Rodney Schultz
Nov 14	- Nov 15 / W 1:30-5:30p , Th 8:3	0a-5:30p
64980	ITV: New Richmond	Rodney Schultz
64981	ITV: Rice Lake	Rodney Schultz
64982	ITV: Superior	Rodney Schultz
64983	ITV: Ashland	Rodney Schultz
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#### **Insurance: Principles/Laws & Ethics**

**Rodney Schultz** 

#### 47-162-425

64984 ITV: Hayward

This course is designed to meet the Section A, 8-hour, prelicensing requirement. This includes the areas of the principles of insurance, general Wisconsin insurance laws, and ethics. You are required to purchase your books at the WITC bookstore before class.

NOTE: For all sections course fee is \$45/\$18.16

Sep 10 / M 8:30a-5:30p

64893ITV: New RichmondRodney Schultz64894ITV: Rice LakeRodney Schultz64895ITV: SuperiorRodney Schultz64896ITV: AshlandRodney Schultz64897ITV: HaywardRodney Schultz64893ITV: New RichmondRodney Schultz64904ITV: Rice LakeRodney Schultz64905ITV: SuperiorRodney Schultz64906ITV: SuperiorRodney Schultz64907ITV: AshlandRodney Schultz64908ITV: AshlandRodney Schultz64909ITV: New RichmondRodney Schultz64906ITV: SuperiorRodney Schultz64907ITV: HaywardRodney Schultz64914ITV: New RichmondRodney Schultz64915ITV: SuperiorRodney Schultz64916ITV: SuperiorRodney Schultz64917ITV: Rice LakeRodney Schultz64918ITV: AshlandRodney Schultz64918ITV: HaywardRodney Schultz		in olo cu olo cp	
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64917 ITV: Ashland Rodney Schultz	64915	ITV: Rice Lake	Rodney Schultz
	64916	ITV: Superior	Rodney Schultz
64918 ITV: Hayward Rodney Schultz	64917	ITV: Ashland	Rodney Schultz
	64918	ITV: Hayward	Rodney Schultz

#### Dec 17 / M 8:30a-5:30p

64924	ITV: New Richmond	Rodney Schultz
64925	ITV: Rice Lake	Rodney Schultz
64926	ITV: Superior	Rodney Schultz
64927	ITV: Ashland	Rodney Schultz
64928	ITV: Hayward	Rodney Schultz

#### **Insurance:** Property

#### 47-162-428

This course is designed to meet the 20-hour requirement for prelicensing education in the area of property insurance. Prerequisite: You must take the 8-hour Principles Law & Ethics course to apply for your license. If it is past a year since having the laws course and you are taking additional prelicensing classes, the OCI requires you take the class again before testing. You are required to purchase the textbook at the WITC bookstore before class.

NOTE: For all sections course fee is \$59/\$18.74

Oct 16 - Oct 17	/ Tu 8:30a-5:30p	, W 8:30a-12:30p
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64962	ITV: New Richmond	Rodney Schultz
64963	ITV: Rice Lake	Rodney Schultz
64964	ITV: Superior	Rodney Schultz
64965	ITV: Ashland	Rodney Schultz
64967	ITV: Hayward	Rodney Schultz
Dec 18 – Dec 19 / Tu 8:30a-5:30p , W 8:30a-12:30p		
64985	ITV: New Richmond	Rodney Schultz
64986	ITV: Rice Lake	Rodney Schultz
64987	ITV: Superior	Rodney Schultz
64990	ITV: Ashland	Rodney Schultz
64992	ITV: Hayward	Rodney Schultz

## Insurance CE

#### Insurance CE: Auto and Homeowners Basics

#### 47-162-473

Understand the various coverages in an automobile and homeowners policy.

NOTE: For all sections course fee is \$55/\$41.58

#### Sep 13 / Th 8:30a-12:30p

65062	ITV: New Richmond	Steven McDermid
65063	ITV: Rice Lake	Steven McDermid
65064	ITV: Superior	Steven McDermid
65065	ITV: Ashland	Steven McDermid
65066	ITV: Hayward	Steven McDermid

# Insurance CE: Business Owners Policy

#### 47-162-430

The Business Owners Policy is a policy designed for small, main street businesses. It is a comprehensive policy combining property, business income, inland marine, and liability coverages. Gain a comprehensive overview of the various sections of this policy.

NOTE: For all sections course fee is \$55/\$41.58

#### Sep 13 / Th 1-5p

65067	ITV: New Richmond	Steven McDermid
65068	ITV: Rice Lake	Steven McDermid
65069	ITV: Superior	Steven McDermid
65070	ITV: Ashland	Steven McDermid
65071	ITV: Hayward	Steven McDermid

#### Insurance CE: Non-Qualified and Qualified Annuities

#### 47-162-440

Annuities are a method of saving money on a taxdeferred basis. Discussion of annuities will center on the difference between a non-qualified and a qualified annuity, contribution limits, methods of contributing, various ways of withdrawing money, taxation of withdrawals, and the difference between a fixed and variable annuity.

NOTE: For all sections course fee is \$55/\$41.58

Oct 25 / Th 1-5p

65039	ITV: New Richmond	Diana Johnston
65041	ITV: Rice Lake	Diana Johnston
65042	ITV: Superior	Diana Johnston
65043	ITV: Ashland	Diana Johnston
65044	ITV: Hayward	Diana Johnston

#### Insurance CE: Investment Basic/Asset Allocation

#### 47-162-468

When a person is investing, they should not put all of their eggs in one basket. Investment Basics shows the method of accumulating money by spreading risk out among many investments in several categories. Understand the methodology for long range planning.

NOTE: For all sections course fee is \$55/\$41.58

Oct 3 / W 8a-12p

65057	ITV: New Richmond	Bryan LaVoy
65058	ITV: Rice Lake	Bryan LaVoy
65059	ITV: Superior	Bryan LaVoy
65060	ITV: Ashland	Bryan LaVoy
65061	ITV: Hayward	Bryan LaVoy

#### **Managing Retirement Income Plan**

#### 47-162-497

Manage a retirement portfolio by understanding how retirement income planning fits between accumulation and legacy planning. Learn how to deal with the changing employer commitment to company-provided pensions and how to organize costof-living retirement projections. Reduce risks to retirement income. Create a personal endowment strategy along with pension and social security maximization strategies.

NOTE: For all sections course fee is \$55/\$41.58

#### Oct 3 / W 12:30-4:30p

65050	ITV: New Richmond	Bryan LaVoy
65051	ITV: Rice Lake	Bryan LaVoy
65052	ITV: Superior	Bryan LaVoy
65053	ITV: Ashland	Bryan LaVoy
65054	ITV: Hayward	Bryan LaVoy

#### Insurance CE: Disability Insurance

#### 47-162-497

Learn the history of disability insurance along with the necessity, types and renewal options. Assess the disability needs, integration with Social Security and tax implications including state and federal mandates. Understand characteristics of a policy, the definitions, elimination period, benefit period and income replacement versus disability income.

NOTE: For all sections course fee is \$55/\$41.58

Sep 20 /	' Th	8:30a-12:30p
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65090	ITV: New Richmond	Robert Wierman
65091	ITV: Rice Lake	Robert Wierman
65092	ITV: Superior	Robert Wierman
65093	ITV: Ashland	Robert Wierman
65094	ITV: Hayward	Robert Wierman

#### Insurance CE: Social Security and Medicare

#### 47-162-497

Explore history and current function of the federal programs Social Security and Medicare. Social Security is one of the largest government programs in the world, paying out hundreds of billions of dollars per year. Its benefits include retirement income, disability income, Medicare and Medicaid, and death and survivorship benefits. Medicare is a health insurance program for people 65 years of age or older, under 65 with certain disabilities, and any age with end-stage renal disease.

NOTE: For all sections course fee is \$55/\$41.58

Sep 20 / Th 1-5p

65095	ITV: New Richmond	Robert Wierman
65096	ITV: Rice Lake	Robert Wierman
65097	ITV: Superior	Robert Wierman
65098	ITV: Ashland	Robert Wierman
65099	ITV: Hayward	Robert Wierman

#### Insurance CE: Ethics for Heath Care Professionals

#### 47-162-497

Society has historically high expectations of health care professionals and also accords them elevated social status. Ethical behavior based on scientific training and a moral belief system is an essential underpinning of individual trust in our health care professionals. Explore the origin of ethics in health care, current challenges, and draw parallels to the ethical challenges for insurance agents.

NOTE: For all sections course fee is \$55/\$41.58

#### Nov 1 / Th 1-5p

65045	ITV: New Richmond	Robert Wierman
65046	ITV: Rice Lake	Robert Wierman
65047	ITV: Superior	Robert Wierman
65048	ITV: Ashland	Robert Wierman
65049	ITV: Hayward	Robert Wierman



Money Matter

Make Your

Tuesdays, Sept 18 - Oct 30 New Richmond

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#### **Insurance CE: Individual Health Plan**

#### 47-162-497

Gain basic knowledge of individual health insurance policies including types of coverage offered in the State of Wisconsin and Medicare supplement policies. Understand Medical Savings Accounts compared with individual health insurance policies. Learn about supplemental policies such as cancer, accidental death and dismemberment and dread disease. Plus, policy exclusions, limitations and mandates.

NOTE: For all sections course fee is \$55/\$41.58

Nov 1 / Th 8:30a-12:30p

65100	ITV: New Richmond	Robert Wierman
65101	ITV: Rice Lake	Robert Wierman
65102	ITV: Superior	Robert Wierman
65103	ITV: Ashland	Robert Wierman
65104	ITV: Hayward	Robert Wierman

### Insurance CE: Principles/Laws & Ethics

#### 47-162-425

See how ethics play a role in the daily operations of agents and their agencies. This course will focus on the areas of the principles of insurance and general Wisconsin insurance laws and ethics. You are required to purchase the textbook at the WITC bookstore before the start of class in order to receive CE credit.

NOTE: For all sections course fee is \$45/\$18.16

Sep 10	/	M 8:30a-5:30p	
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	,	
64898	ITV: New Richmond	Rodney Schultz
64899	ITV: Rice Lake	Rodney Schultz
64900	ITV: Superior	Rodney Schultz
64901	ITV: Ashland	Rodney Schultz
64902	ITV: Hayward	Rodney Schultz
Oct 15	/ M 8:30a-5:30p	
64908	ITV: New Richmond	Rodney Schultz
64909	ITV: Rice Lake	Rodney Schultz
64910	ITV: Superior	Rodney Schultz
64911	ITV: Ashland	Rodney Schultz
64912	ITV: Hayward	Rodney Schultz
Nov 12	/ M 8:30a-5:30p	
64919	ITV: New Richmond	Rodney Schultz
64920	ITV: Rice Lake	Rodney Schultz
64921	ITV: Superior	Rodney Schultz
64922	ITV: Ashland	Rodney Schultz
64923	ITV: Hayward	Rodney Schultz
Dec 17	/ M 8:30a-5:30p	
64929	ITV: New Richmond	Rodney Schultz
64930	ITV: Rice Lake	Rodney Schultz

64931	ITV: Superior	Rodney Schultz
64932	ITV: Ashland	Rodney Schultz
64933	ITV: Hayward	Rodney Schultz

# **Real Estate**

#### **Real Estate Law for Salespersons**

47-194-442

This course meets the 72 classroom hours of prelicense education required for a real estate salesperson license as required in Section 452.09(2)(a) of the WI Statutes. Contents include: principles of real estate, real estate law, forms, real estate business operations concepts, ethics, land use control and development, environmental concerns and miscellaneous additional content. Book cost not included; can be purchased at the WITC bookstore.

NOTE: For all sections course fee is \$259.48/\$4.50; classes do not met Oct. 23

<b>Sep 11 – Nov 15</b> / TuTh 6-10p			
64889	ITV: New Richmond	Steven McConnell	
64890	ITV: Rice Lake	Steven McConnell	
64887	ITV: Superior	Steven McConnell	
64888	ITV: Ashland	Steven McConnell	
64891	ITV: Hayward	Steven McConnell	





**TECHNOLOGY** 

Wednesdays, Oct 3 - Nov 7

New Richmond

# HEALTH

# Community Based Residential Facility

## **CBRF Challenging Behaviors**

47-575-405

This course identifies causes and preventive measures of challenging behaviors, how to intervene when challenging behaviors occur, and how to document the behavior incident.

64303	Dec 12	W 8:30a-4:30p	\$31.34/\$4.50
	Rice Lake: 170	Ľ	Ooris Eberhardy

## **CBRF** Dietary

47-303-485

This course will prepare the learner to plan and prepare healthy, nutritious meals using the Food Guide Pyramid. Proper food handling, storage, and sanitation principles will also be covered.

64290	Sep 24	M 12:30-4:30p	\$17.92/\$4.50
	Rice Lake: 223	N	1arsha Stoeberl

## **CBRF Fire Safety Training**

#### 47-503-432

This course is designed to instruct communitybased residential facility (CBRF) operators and staff on how to prepare themselves to react effectively for staff and resident preservation in residential fires of different origins and intensities. Participants will be taught to understand the nature of fire, recognize fire hazards, learn about early warning systems and understand the use of fire extinguishers. They will be taught to focus on the evacuation needs of the residents, follow the CBRF emergency and disaster plan and how to respond well in an emergency. Participants must successfully complete this 5-hour training to meet the requirements of DHS 83.20 (2) (b) Fire Safety. Tuition includes the state registry fee.

64292	Sep 22 New Richmond: 1	Sa 8a-1p 1208	\$44.63/\$24.50 Daniel Roeglin
64297	Oct 3 <i>Rice Lake: 225</i>	W 5-10p	\$44.63/\$24.50 Gary Strong
64291	Oct 10 Superior: 200	W 5-10p	\$44.63/\$24.50 Kenneth Maki
64296	Dec 5 New Richmond: 1	W 5-10p 1 <i>217</i>	\$44.63/\$24.50 Daniel Roeglin
64298	Dec 8 <i>Rice Lake: 174</i>	Sa 8a-1p	\$44.63/\$24.50 Gary Strong

## **CBRF First Aid and Choking**

#### 47-531-401

Initial training applicable to the responsibilities of CBRF caregivers designed to meet the requirements of administrative rule DHS 83 for CBRFs in the area of First Aid and choking. The student will be taught how to handle life-threatening emergencies which also includes how to alleviate choking.

64332	Sep 29 Ashland: 431	Sa 10a-2p	\$37.92/\$24.50 Bambi Forcey
64304	Oct 10 <i>Rice Lake: 225</i>	W 12-4p	\$37.92/\$24.50 Bambi Forcey
64315	Dec 1 New Richmond:	Sa 9a-1p 1201	\$37.92/\$24.50 Bambi Forcey
64310	Dec 8 Rice Lake: 208	Sa 8:30a-12:30	p\$37.92/\$24.50 Bambi Forcey

## **CBRF** Medications

#### 47-575-401

Initial training applicable to the responsibilities of CBRF caregivers designed to meet the requirements of administrative rule HFS 83 for CBRFs in the area of medication administration and documentation. The learner will be taught general categories of medications, effects and side effects, documentation, proper administration, legal issues of controlled substances and the proper procedure for handling medication errors.

64299	Sep 26 – Sep 27 WTh 3-9:30p <i>Rice Lake: 223</i>	\$64.76/\$24.50 Kimberly Metcalf
64301	Nov 27 – Nov 28 TuW 9a-4p <i>Rice Lake: 247</i>	\$64.76/\$24.50 Doris Eberhardy
64300	Dec 19–20 W 10a-5p Th 9a-4p New Richmond: 1327	\$64.76/\$24.50 Kimberly Metcalf

## **CBRF Resident's Rights**

#### 47-575-403

This course covers respect for and promotion of resident rights. Participants learn how to report violations of residents rights.

64302	Oct 9	Tu 8:30a-4:30p	\$31.34/\$4.50
	Rice Lake: 225	Ľ	Ooris Eberhardy



To register for classes, see page 30 in this booklet.

Experience. Success.

#### **CBRF Standard Precautions Training**

#### 47-531-479

This class will teach a person how to handle potential exposure to bloodborne pathogens. You will learn about standard precautions and why they are important in your work. You will understand how bloodborne diseases and other communicable diseases spread from person to person, how to prevent the spread of communicable diseases and learn what to do during and after an exposure incident.

64333	Sep 29 Ashland: 431	Sa 2:30-4:30p	\$31.21/\$24.50 Bambi Forcey
64307	Oct 10 <i>Rice Lake: 225</i>	W 4:30-6:30p	\$31.21/\$24.50 Bambi Forcey
64316	Dec 1 New Richmond:	Sa 1:30-3:30p 1201	\$31.21/\$24.50 Bambi Forcey
64314	Dec 8 <i>Rice Lake: 174</i>	Sa 1-3p	\$31.21/\$24.50 Bambi Forcey

#### **NA/CBRF Medications Refresher**

47-510-479

A variety of topics providing required continuing education for health care professionals.

64337	Nov 7	W 8a-12p	\$17.92/\$4.50
	Rice Lake: 225		Doris Eberhardy

# Emergency Medical Services

#### **CPR Health Care Provider - AHA**

47-531-437

The AHA for Health Care Providers Course is designed to teach the skills of CPR for victims of all ages including ventilation with a barrier device and use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO). It is intended for participants who provide health care to patients in a hospital setting and outof-hospital settings. This course is for anyone that is required to take a health care provider course for employment. All participants who successfully complete the course, including the written examination and skill demonstrations will receive a BLS for Health Care provider completion card that will certify them for two years (credential.) Book provided at class.

65348	Dec 8 New Richmond:	Sa 8a-4p 1201	\$51.59/\$24.75 TBD
65180	Sep 4 – Sep 6 <i>Ashland: 427</i>	TuTh 6-10p	\$51.59/\$24.75 TBD
65186	Sep 8 Superior: 111	Sa 9a-5p	\$51.59/\$24.75 TBD

65344	Sep 10 – Sep 11 <i>New Richmond: 1</i>	MTu 6-10p <i>201</i>	\$51.59/\$24.75 TBD
64104	Sep 15 <i>Rice Lake: 165</i>	Sa 8:30a-4:30p	\$51.59/\$24.75 TBD
64111	Sep 22 Hayward: 7	Sa 8:30a-4:30p	\$51.59/\$24.75 Matthew Fitch
65190	Sep 24 – Sep 26 Superior: 111	M 6-10p	\$51.59/\$24.75 TBD
65187	Oct 6 Superior: 111	Sa 9a-5p	\$51.59/\$24.75 TBD
65182	Oct 15 – Oct 17 Ashland: 427	MW 6-10p	\$51.59/\$24.75 TBD
64135	Oct 29 – Oct 30 <i>Rice Lake: 221</i>	MTu 5:30-9:30p	\$51.59/\$24.75 TBD
65188	Nov 3 Superior: 111	Sa 9a-5p	\$51.59/\$24.75 TBD
65183	Nov 6 – Nov 8 Ashland: 427	Tu 6-10p	\$51.59/\$24.75 TBD
65346	Nov 7 – Nov 8 New Richmond: 1	WTh 6-10p <i>201</i>	\$51.59/\$24.75 TBD
65184	Nov 10 Ashland: 427	Sa 9a-5p	\$51.59/\$24.75 TBD
65191	Nov 13 – Nov 15 Superior: 134	TuTh 6-10p	\$51.59/\$24.75 TBD
65189	Dec 1 Superior: 111	Sa 9a-5p	\$51.59/\$24.75 TBD
64143	Dec 8 <i>Rice Lake: 221</i>	Sa 8:30a-4:30p	\$51.59/\$24.75 TBD
65185	Dec 17 – Dec 19 Ashland: 307	MW 6-10p	\$51.59/\$24.75 TBD

#### CPR Health Care Provider Renewal - AHA

#### 47-531-439

This course is intended for the biennial renewal of the CPR Healthcare Provider. Students must successfully complete skills testing on one-and tworescuer CPR (adult, child, infant), foreign body airway obstruction (FBAO) procedures (adult, child, infant), and mask with one-way valve usage. A minimum of 84 percent must be attained on the written test. Prerequisite: CPR Healthcare Provider successful completion within previous two years.

65198	Sep 8 Superior: 111	Sa 1-5p	\$35/\$21.58 TBD
65345	Sep 11	Tu 6-10p	\$35/\$21.58
	<i>New Richmond: 1</i>	2 <i>01</i>	<i>TBD</i>
64105	Sep 15 <i>Rice Lake: 165</i>	Sa 12:30-4:30p	\$35/\$21.58 TBD
65192	Sep 17 Ashland: 203	M 6-10p	\$35/\$21.58 TBD
65381	Sep 18	Tu 8a-12p	\$35/\$21.58
	St. Croix Cty Sheri	iff's Dept	TBD
65382	Sep 18	Tu 1-5p	\$35/\$21.58
	St. Croix Falls Fire	Dept	TBD
65383	Sep 20	Th 8a-12p	\$35/\$21.58
	St. Croix Falls Fire	Dept	TBD

Emergency Medical Services	HEALTH
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65384	Sep 20 St. Croix Falls Fire	Th 1-5p Dept	\$35/\$21.58 TBD
64112	Sep 22 Hayward: 7	Sa 12:30-4:30p	\$35/\$21.58 Matthew Fitch
65199	Oct 6 Superior: 111	Sa 1-5p	\$35/\$21.58 TBD
65202	Oct 15 Superior: 134	M 6-10p	\$35/\$21.58 TBD
65193	Oct 16 Ashland: 427	Tu 6-10p	\$35/\$21.58 TBD
64136	Oct 30 <i>Rice Lake: 221</i>	Tu 5:30-9:30p	\$35/\$21.58 TBD
65200	Nov 3 Superior: 111	Sa 1-5p	\$35/\$21.58 TBD
65347	Nov 8 New Richmond:	Th 6-10p 1201	\$35/\$21.58 TBD
65194	Nov 14 Ashland: 427	W 6-10p	\$35/\$21.58 TBD
65201	Dec 1 Superior: 111	Sa 1-5p	\$35/\$21.58 TBD
64144	Dec 8 Rice Lake: 221	Sa 12:30-4:30p	\$35/\$21.58 TBD
65349	Dec 8 New Richmond:	Sa 12-4p 1201	\$35/\$21.58 TBD
65197	Dec 13 Ashland: 427	Th 6-10p	\$35/\$21.58 TBD
65203	Dec 17 Superior: 111	M 6-10p	\$35/\$21.58 TBD





September 28 | WITC-New Richmond October 26 | WITC-Rice Lake

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#### CPR/AED/Basic First Aid Renewal-ASHI

#### 47-531-459

This course will recertify students in CPR/AED & Basic First Aid. Students will renew their skills in CPR/ AED and First Aid. Prerequisite: Students must have taken the original course within the last 2 years.

65211	Sep 17 Superior: 111	M 6-10p	\$34/\$20.58 TBD
65209	Oct 9 Ashland: 206	Tu 6-10p	\$34/\$20.58 TBD
65351	Oct 20 New Richmond:	Sa 12-4p <i>1201</i>	\$34/\$20.58 TBD
65212	Nov 28 Superior: 200	W 6-10p	\$34/\$20.58 TBD
65353	Dec 4 New Richmond:	Tu 6-10p <i>TBD</i>	\$34/\$20.58 TBD
65210	Dec 10 Ashland: 206	M 6-10p	\$34/\$20.58 TBD

### **CPR/AED/Basic First Aid-ASHI**

#### 47-531-419

This course is a combined CPR/AED & Basic First Aid program designed specifically for laypeople. The program is good for the community and the workplace setting. This course is designed to teach people the knowledge and skills that they need to recognize emergencies and perform CPR and use an AED and perform First Aid until EMS arrives. This course will certify a person for 2 years in CPR/AED/ Basic First Aid.

65204	Sep 10 – Sep 12 <i>Ashland: 427</i>	MW 6-10p	\$41.54/\$14.70 TBD
65350	Oct 20 New Richmond: 1	Sa 8a-4p 1201	\$41.54/\$14.70 TBD
65206	Oct 22 – Oct 24 Superior: 134	MW 6-10p	\$41.54/\$14.70 TBD
65205	Nov 6 – Nov 8 Ashland: 3	Tu 6-10p	\$41.54/\$14.70 TBD
65352	Dec 3 – Dec 4 New Richmond: 1		\$41.54/\$14.70 TBD
65208	Dec 10 – Dec 12 Superior: 202	MW 6-10p	\$41.54/\$14.70 <i>TBD</i>

#### **Emergency Medical Responder**

#### 47-531-486

This course is designed to present the student with basic life support skills that may be used at the scene of an accident or illness, until advanced level care and transport can be arranged. This class will include the review and revision of the Emergency Medical Responder (First Responder) curriculum with inclusion of the National Emergency Medical Services Education Standards. Textbooks required.

65412	Aug 27 – Oct 29	MW 6-10p	\$266.76/\$25.20
	Danbury Fire Dep	ot	Marie Bernatz
65343*	Sep 5 – Jan 23	W 6-10p	\$266.76/\$25.20
	New Richmond:	1611	Craig Nelson
	* ~ 1 .		1 21 0 26

\*Class does not meet: Oct, 31, Nov. 21, Dec. 26

#### **Medic First Aid**

#### 47-531-404

This course will help students gain the knowledge, skills, and confidence necessary to manage a medical emergency using CPR, an automated external defibrillator (AED), and First Aid until more advanced help is available. This course will certify a student for two years in CPR/AED/First Aid. Book is provided at the class.

64108	Oct 13 <i>Rice Lake: 165</i>	Sa 8:30a-3:30p	\$41.94/\$15.10 <i>TBD</i>
64113	Oct 20 Hayward: 4	Sa 8:30a-3:30p	\$41.94/\$15.10 Matthew Fitch
64139	Nov 10 WITC-Ladysmith	Sa 8:30a-3:30p	\$41.94/\$15.10 Renee Sajdera
64145	Dec 11 – Dec 12 Rice Lake: 165	Tu 5:30-9:30p	\$41.94/\$15.10 <i>TBD</i>

### **Medic First Aid Recertification**

47-531-405

This course will recertify students in Medic First Aid.

Students will renew skills in CPR, an automated external defibrillator (AED) and First Aid. Prerequisite: Students must have taken the original course, 47531404 Medic First Aid within the last two years. This course will renew your certification for two years. Book is provided at class.

64109	Oct 13 <i>Rice Lake: 165</i>	Sa 8:30a-12:30p	\$35/\$21.58 TBD
64114	Oct 20 Hayward: 4	Sa 8:30a-12:30p	\$35/\$21.58 Matthew Fitch
64140	Nov 10 WITC-Ladysmith	Sa 8:30a-12:30p	\$35/\$21.58 Renee Sajdera
64146	Dec 11 <i>Rice Lake: 165</i>	Tu 5:30-9:30p	\$35/\$21.58 TBD

#### **Pediatric Medic First Aid & CPR**

#### 47-531-464

This course will help students gain the knowledge, skills and confidence necessary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and First Aid for children and infants. This course will certify a student for 2 years in CPR/AED/First Aid. Book is provided at class.

64106	Sep 22	Sa 8:30a-4:30p	\$41.94/\$15.10
	Rice Lake: 155		TBD



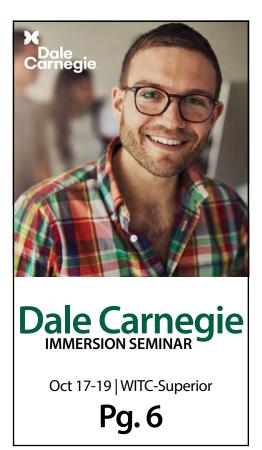
64137	Oct 13 WITC-Ladysmith	Sa 8:30a-4:30p	\$41.94/\$15.10 Renee Sajdera
64141	Dec 1 <i>Rice Lake: 165</i>	Sa 8:30a-4:30p	\$48.65/\$15.10 <i>TBD</i>
64115	Dec 15 Hayward: 4	Sa 8:30a-4:30p	\$41.94/\$15.10 Matthew Fitch

#### Pediatric Medic First Aid & CPR Recertification

#### 47-531-477

This course will recertify a student in Pediatric Medic First Aid & CPR. Students will renew their skills in CPR, an automated external defibrillator (AED) and First Aid for infants and children. Students must have taken the original course, Pediatric Medic First Aid & CPR 47531464 within the last two years. This course will renew a student's certification for 2 years. Book is provided at class.

64107	Sep 22 <i>Rice Lake: 155</i>	Sa 8:30a-12:30p	\$39/\$25.58 TBD
64138	Oct 13 WITC-Ladysmith	Sa 8:30a-12:30p	\$39/\$25.58 Renee Sajdera
64142	Dec 1 <i>Rice Lake: 165</i>	Sa 8:30a-12:30p	\$39/\$25.58 TBD
64116	Dec 15 Hayward: 4	Sa 8:30a-12:30p	\$39/\$25.58 Matthew Fitch



# **Health & Wellness**

#### **Compassion Fatigue**

#### 47-560-430

Now more than ever caregivers need deep healing, support and nourishment. If you are a caregiver you may experience compassion fatigue, or vicarious trauma or high intensity stress that impacts healthful living and quality of life. In this course you will explore ways to utilize natural medicine health and wellness to cope with the work you do. Discover how to nourish your personal and professional life through research-based CAM modalities and techniques.

64490	Oct 9	Tu 9a-3p	\$79/\$58.87
	Rice Lake: 210		Gigi Stafne

#### **Consumer & Clinical Herbalism**

#### 47-560-430

Have you taken several Herbalism courses and now wish to acquire deeper, wider wisdom? This intensive 2-day course is designed for herbal enthusiasts, CAM clinicians, health workers and others who feel they need more consumer and clinical information about herbs and other natural products being used by patients and consumers in North America. This course transcript and credit hours are transferrable to the Master of Herbalism Program in the Upper Midwest via Green Wisdom School of Natural & Botanical Medicine. Note: This is not a make-n-take course, but is rich in important, inspiring material.

.5 – Sep 20	Tuw 9a-4p	\$159/\$112.03
.ake: 258		Gigi Stafne
	ake: 258.	25 – Sep 26 TuW 9a-4p .ake: 258

#### **Natural Medicine Assessment**

#### 47-560-430

Are you seeking additional clinical assessment skills as a natural medicine student or practitioner? Do you have interest in what your body is saying to you? Acquire and practice gentle, non-intrusive assessments, tools and ancient techniques that hold an important place in CAM, Complementary Alternative Medicine. This 2-day course includes instruction, case examples plus practice time. Instructor Gigi Stafne MH, ND, has 3 decades of experience in Complementary Alternative Medicine and will share experiences from her personal health clinic and school and the global health justice work that she has done.

64488	Sep 11 – Sep 12	TuW 3-8p	\$149/\$115.45
	Rice Lake: 223		Gigi Stafne

#### **Herbal Apprentice**

#### 47-560-411

Have you dabbled in herbalism and now you're ready to dig in deeper? This intensive course is a solid foundational basis in primary botanical medicine topics. Combine the intuitive art and clinical science of herbalism, apprenticing with an educator, Master Herbalist and Naturopath who has three decades of direct experience in this field nationally and internationally. Core components of this course include: history of herbalism, cross-cultural influences, naturopathic principles, art & science of herbalism, top herbs in north America, herbs for the developmental life cycle and more. You will create own natural medicine kit in addition to handcrafted teas, tinctures, lotions, oils and flower essences. This course is a pathway those pursuing a future degree in Intermediate Herbalism and Master of Herbalism.

65300	Oct 3 – Oct 4	WTh 8:45a-4:15p	\$149/\$95.32
	Superior: 217		Gigi Stafne
65301	Oct 18 – Oct 19 <i>Rice Lake: 210</i>	ThF 8:45a-4:15p	\$149/\$95.32 Gigi Stafne

#### Reiki I

#### 47-560-420

Reiki is a safe holistic healing practice that is uses touch to facilitate energy movement. Reiki 1 is the foundation for other levels where you learn the history and benefits of the practices. You will also receive an attunement that will cleanse and strengthen you. Your teacher is rooted in experience and wisdom: Mary Jo has been a Reiki Master for 9 years and is also a registered yoga teacher and certified Emotion Code Practitioner. \$25 book fee payable to instructor.

65307	Sep 29	Sa 10a-4p	\$100/\$79.87
	Hayward Senior	Ctr	Mary Jo Jirik

#### Reiki 2

#### 47-560-420

Continue to delve into the art of Reiki as you explore the three sacred symbols and attunement alongside a Reiki Master. You will learn to increase the focus of the reiki energy, bring mental and emotional issues to the surface and send Reiki through distance healing. Then practice what you learn as you utilize the techniques on yourself and others. Prerequisite: Reiki 1

65308	Oct 20	Sa 10a-4p	\$150/\$129.87
	Hayward Ser	nior Ctr	Mary Jo Jirik

#### Reiki 3 & Teacher

#### 47-560-420

Special Pricing for both Reiki Level 3 and Reiki Teacher. See Reiki 3 and Reiki Teacher descriptions.

\$25 book fee payable to the instructor. CEUs available.

65311	Nov 17 & Dec 8 Sa 10a-4p	\$400/\$359.74
	Hayward Senior Ctr	Mary Jo Jirik

#### Reiki 3-Master Level

#### 47-560-420

Become a Reiki Master! Become attuned to the master Usui symbol, a sacred symbol that strengthens our connection to the divine sources. You will learn a master meditation, some advanced energy techniques and work with crystals, oils, stones, grids and more! Take your practice to a new level as you start to create and use your own technique and style. \$25 book fee payable to instructor at class. CEUs available. Prerequisites: Reiki 1 & Reiki 2

65309 Nov 17 Sa 10a-4p \$200/\$179.87 Hayward Senior Ctr Mary Jo Jirik





#### Reiki 4-Teacher Level

#### 47-560-420

Spread your passion of Reiki by learning to teach it to others! Learn from an experienced Reiki Master how to give attunements, create teaching materials and develop professional practice techniques as you make your practice your own. You will be attuned to the Master Level which gives you the ability to give attunements to others. The same book from Reiki 3 will be used. CEUs available. Prerequisites: Reiki 1-3

65310	Dec 8	Sa 10a-4p	\$250/\$229.87
	Hayward Senior	Ctr	Mary Jo Jirik

#### **Dynamic Fascial Web**

47-537-455

Level 2: Craniosacral/ Myofascial Therapy & Balancing the Emotional Area of Life In this level, basic techniques of craniosacral therapy and myofascial release will be explained, demonstrated and then applied within the classroom lab. The role of emotions, thoughts, repetitive actions and habits will be discussed you'll discover how this connects with the health and healing process. Lab will include feeling and finding trauma in the tissue, following the fascia as it releases and releasing spinal cord tension and releasing lower and upper extremities to reduce pain. Also learn the cranialsacral-occipital hold to release tension within the entire body. Wear comfortable, modest clothing and bring in a massage table to this class.

65152	Oct 26	F 9a-4p	\$99/\$78.87
	Ashland: 206		Ann Turnquist
	••••••		

#### Subtle Energy Therapy

#### 47-537-455

Level 3: Subtle Energy Therapy Meridians, acupressure points, chakras and essential oils play an intriguing role in healing, energy levels, stress management and pain relief. You will explore these modalities along with learning the hands-on techniques of opening the meridian channels in the legs, back, arms and head to aid with the body's natural healing capabilities. Essential oils will be used and bodywork techniques will be practiced in afternoon lab. Wear comfortable, modest clothing and bring in a massage table and a blanket to this class.

65459	Nov 30	F 9a-4p	\$99/\$78.87
	Ashland: TBA		Ann Turnquist

#### **Dynamic Structure Balancing**

#### 47-537-455

Level 4: Level 1-3 Review & Balancing Brain Hemispheres to Promote Positivity & Reduce Stress Discover how colors, sounds, temperatures and textures all can play an important role in the body's innate healing force. Bodywork will be practiced most of the day in this level. Wear comfortable, modest clothing and bring in a massage table to this class.

65463	Dec 14	F 9a-4p	\$99/\$78.87
	Ashland: TBA		Ann Turnquist

Level 6: Shoulder, Arm and Hand Trauma Discuss and apply integrative massage and bodywork techniques to relieve shoulder pain, upper arm pain, elbow pain, wrist pain, hand pain, and numbness in arms and hands. Trauma, body posture, sleep positions, stress and repetitive motion can be contributing factors to the discomfort felt throughout the human body. Wear comfortable, modest clothing and bring in a massage table and a blanket to this class. Prerequisites: Levels 2-4

65151	Oct 12	F 9a-4p	\$99/\$78.87
	Ashland: 307		Ann Turnquist

Level 7: Back, Hip and Leg Trauma Discuss and apply integrative massage and bodywork techniques to relieve back pain, pain with sitting, pain with walking, pain with standing, restless legs, knee pain, leg cramping, leg fatigue and feet pain. Trauma, body posture, sleep positions, stress and repetitive motion can be contributing factors to the discomfort felt throughout the human body. Wear comfortable, modest clothing and bring in a massage table and a blanket to this class. Prerequisites: Levels 2-4

65153	Nov 2	F 9a-4p	\$99/\$78.87
	Ashland: 206		Ann Turnquist

Level 8: Pregnancy Wellness and Discomfort Discuss and apply integrative bodywork techniques to align the pelvis, uterine ligaments, sacrum and spine to relieve back pain, pelvic pain, rib pain and shortness of breath (when due to torsion



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Register online: VISA/MC/DISCOVER | courses.witc.edu

in structure), allowing for improved fetal mobility, positioning and comfort. We will discuss stress, anxiety, and overall wellness for both mother and child. Visualization technique will be taught for promoting calm, relaxed, supportive birth plans. Wear comfortable, modest clothing and bring in a massage table and a blanket to this class. Prerequisites: Levels 2-4

65156 Dec 7 F 9a-4p \$99/\$78.87 Ashland: 206 Ann Turnquist

**Level 10: Dynamic Structure Balancing** Dive deep into Pregnancy Structural Balancing and Infant Craniosacral Therapy in this lab-based course. We will be constructing an infant doll model for craniosacral therapy education. Please contact instructor 2 weeks in advance for material needed prior to this class. Massage therapy table required for this class. Prerequisites: Levels 1-9

65154	Nov 16	F 9a-4p	\$99/\$78.87
	Ashland: 206		Ann Turnquist

# Integrative Bodywork Therapy

47-537-455

Level 1: Beginning Integrative Bodywork Therapy Emotional stress, physical injury and traumatic events can cause the body to hold on to tension, which may lead to symptoms as anxiety, depression, pain throughout the body and extreme fatigue. In this beginning level, the integrative concepts will be discussed and applied with classroom demonstration of releasing the tension in the spinal cord, releasing three trigger point areas and energy boosting acupressure points. Wear comfortable, modest clothing to this class.

65149	Sep 21	F 9a-4p	\$99/\$78.87
	Ashland: 307		Ann Turnquist

# **Health** Care

#### **Caregiver Conference**

47-520-405

Celebrate Caregiving: Experiencing True Happiness (3rd Annual Regional Caregiver Conference) This empowering and educational conference for family caregivers and professionals features keynote speaker Tasha Shuh, plus breakout sessions on a wide variety of topics just for caregivers. Vendors, door prizes, continental breakfast and lunch included. CEUs are available.

64340	Oct 26	F 8a-3:30p	\$29/\$8.87
	Rice Lake: 241		Guest Speakers

Choosing to Care: 12th Annual regional Caregiver Conference Don't miss this empowering and educational conference with inspirational Keynote Speaker Amy Goyer. Vendors, breakout sessions, door prizes and lunch included. CEUs are available.

64101	Sep 28	F 8a-3:30p	\$29/\$8.87
	New Richm	ond: 1122A	Guest Speakers

#### Certified Medical Assistant CE Conference

47-509-409

This program is designed to enhance the learning of CMAs working in area health facilities by providing new information on current trends in healthcare. This conference will be approved for CEUs through AAMA. Light breakfast and lunch included. The presenters will be in-person at Superior with ITV to New Richmond.

NOTE: For all sections course fee is \$39/\$18.87

Oct 27	/ Sa 8a-3:30p	
64209	ITV: Superior	Guest Speakers
64210	ITV: New Richmond	Guest Speakers

# **HUMAN SERVICES**

# Early Childhood Education

### **Child Care: Licensing Classes**

#### 47-307-461

Provides entry level knowledge and skills for individuals as they begin to or intend to care for children in group or family child care. Learners explore rules and regulations governing group and family child care and the responsibilities of child care providers. These courses fulfill introductory non-credit course requirements as specified in HFS Chapters 45 and 46 for family and group day care in Wisconsin's Administrative Code.

Last day to register is November 7th.

#### Child Care: Intro to Child Care Profession

65165	Sep 12 – Dec 12 Online	24/7	\$170.33/\$16 Karen Pesik
Child C	are: Profession M	lod A	
65166	Sep 12 – Dec 12 Online	24/7	\$88.31/\$14.50 Karen Pesik
Child Care: Profession Mod B			
65167	Sep 12 – Dec 12	24/7	\$95.02/\$14.50 Karen Pesik

#### **Fundamentals Infant & Toddler Care**

#### 47-307-470

Provides requirements and practices for entry level childcare providers who are or will work with infants and toddlers. Course fulfills requirements as specified by Wisconsin's State Law. Wisconsin day care regulations require that individuals working with infants and toddlers must complete this training within 6 months of assuming a position.

Last day to register is November 7, 2018.

65169	Sep 12 – Dec 12	24/7	\$68.18/\$14.50
	Online		Karen Pesik

#### Skills and Strategies for the Child Care Teacher

#### 47-307-462

Focuses on skills and strategies for the child care teacher with emphasis on selecting developmentally appropriate activities, planning lessons, and facilitating children's activities. This course meets Wisconsin's requirements for Child Care Teacher. Prerequisite: Introduction to Child Care Profession.

Last day to register is November 7, 2018.

65168	Sep 12 – Dec 12	24/7	\$155.91/\$15
	Online		Karen Pesik

#### **Fundamentals Family Child Care**

#### 47-307-420

Provides essential information about establishing a family child care business that is in accordance with WI State Law. This class requires a \$46 toolkit that can be purchased at the class. Lunch is included.

**65170** Oct 27 Sa 8:30a-3p \$34.63/\$14.50 New Richmond: 1210 Rebecca Elbert

#### You Can't Make Me: Early Childhood Education CE Conference

47-307-445

You can't make me, you aren't my mom! When is the last time you heard a child say that to you? Did your hair stand up on the back of your neck? Did you get red in the face? Then this seminar is for you. Upon completion, you will: better understand challenging behaviors and why they happen, discover how to deal with power struggles and explore how to not lose it when these things happen. Daniel Hodgins is an exceptional presenter and author of two books: *Boys: Changing the Classroom, Not the Child* and *Get Over It: Relearning Guidance Practices.* He brings over 36 years of experience as a teacher, director, educator and parent.

64087	Oct 20	Sa 9a-3p	\$39/\$18.87
	New Richmo	ond: 1122A	Daniel Hodgins

# Responsible Beverage & Foods

#### **Food Manager Refresher**

#### 47-316-430

This course prepares certified managers for recertification by the Wisconsin Department of Health Services, and is based on the requirements of WI Food Code Chapter 12-402.11 and the Council on Food Protection Practices Guidelines relating to recertification training course approval. Course competencies include the requirements for continuing education found in DHS 196.

Book and/or test grid can be purchased at the WITC Rice Lake Bookstore. You must bring your book & grid to class. Book: *ServSafe Manager 7<sup>th</sup> edition*.

64098	Oct 29	M 12-4p	\$40/\$26.58
	Rice Lake: 223		Marsha Stoeberl

#### Wine Basics: Restaurant Staff

#### 47-303-468

Professional wine service is like waiting on tables, it's easy once you know the protocol. Learn the skills to be confident selling and serving wine to restaurant clients. This seminar will increase your wine knowledge while focusing mostly on wine etiquette at the table.

64080	Sep 17	M 9-10a	\$11.21/\$4.50
	Hayward:4		Rolfe Hanson
	<b>.</b>		

#### **Sanitation for Restaurant Managers**

#### 47-303-405

This course provides the background information needed for the National Restaurant Association's Certification exam for sanitation. This exam meets state certification requirements for restaurant managers. The exam will be given at the end of the last class. Course topics include: Microorganisms and food-borne diseases, safe food handling and storage, and standards for cleanliness and sanitation. Students may purchase book or test grid by contacting the WITC Rice Lake Bookstore. You must bring textbook & grid to class. Book: *ServSafe Manager 7th edition*. Books purchased from WITC include test grid.

64093	Sep 11 – Sep 18 <i>Hayward: 4</i>	Tu 9a-4p	\$44.76/\$4.50 Marsha Stoeberl
64095	Dec 3 – Dec 10 <i>Rice Lake: 247</i>	M 9a-4p	\$44.76/\$4.50 Marsha Stoeberl

#### **Responsible Beverage Service**

#### 47-311-400

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. In general the course is designed to increase the awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices. Course developed by the WI Restaurant Association and the WI Technical College System and may fulfill or partially fulfill local municipal ordinance requirements for beverage servers.

64099	Oct 1 <i>Rice Lake: 225</i>	M 5:30-9:30p	\$17.92/\$4.50 Elaine Schuck
64100	Nov 12 Hayward: 4	M 5:30-9:30p	\$17.92/\$4.50 Elaine Schuck



# **Class Full?**

Call your campus-get added to a waiting list.

View our most up-to-date class listings online at **courses.witc.edu.** 

# SAFETY, TRADES & INDUSTRY

# Manufacturing & Technology

### **Electrical Code for Electricians**

47-413-415

This course covers the Wisconsin State Code (SPS316) and National Electrical (NEC) Code. Receive 24 state

CEUs for your certification if you attend 8 of the 10 classes. The curriculum is designed for electrical workers and wiremen who use electrical code on the job. It also covers code revisions, formulas, tables and the intent and general use of the code. This is a primer for all code certification tests. NFPA 70: National Electric Code (2011/2014) is required. You can order the book directly from NFPA or a local supplier. Please note, you must attend the last session to obtain the Education Course Attendance Verification.

NOTE: For all sections course fee is \$105.15/\$4.50

#### Sep 10 - Nov 12 / M 6:30-9:30p

65072	ITV: Spring Valley HS	James Biesterveld
65075	ITV: Rice Lake	James Biesterveld
65113	ITV: Superior	James Biesterveld
65114	ITV: Ashland	James Biesterveld
65115	ITV: New Richmond	James Biesterveld
65116	ITV: Hayward	James Biesterveld
65117	ITV: Ladysmith	James Biesterveld
	•••••••••••••••••••••••••••••••••••••••	

#### **Injection Molding Technology**

#### 47-420-440

Learn the basics of injection molding. Understand good molding practices including the components of an injection mold to basic operation of press. Gain hands-on experience in four basic molding techniques. Your instructor will demonstrate how to make parts from zero point to full part along with how to do screw pulls and clay test for new tips.

65219	Oct 3 – Nov 7	W 7-9p	\$75/\$34.74
	New Richmond:	1219	Shawn Sigsworth

#### **Machine Tool Operation**

#### 47-420-455

Gain the basic skills necessary to safely operate machine tool equipment at the beginning and intermediate levels. Through group lecture and demonstrations, learn safety, set ups, proper feeds, and speeds of machine tool equipment. An advanced lab opportunity is available for students demonstrating competency in safe operation of machines. You may be approved to work independently on selected vocational objectives with assistance from your instructor. Safety glasses required; work boots and ear protection recommended.

65136	Sep 12 – Nov 28 Superior: 118	W 6-9p	\$155.43/\$34.65 Steven Merling
65135*	Sep 13 – Dec 6 Superior: 118 *Class does not m	Th 6-9p net Nov. 22	\$155.43/\$34.65 Steven Merling
65127*	Sep 14 – Nov 9 Ashland: 119 *Class does not m	·	\$155.43/\$34.65 David Olson



## Welding

47-442-406

Learn oxy-fuel, shielded metal arc, gas metal arc and gas tungsten arc welding processes. This course is designed for beginner or intermediate students who wish to advance their present skills. Individual projects need prior approval from instructor. Please bring a notebook, pliers, safety glasses, work boots, goggles and welding helmet to class. This course meets the 30 hour requirement for apprentices.

65134*	Sep 14 – Dec 14 F Superior: 128 *Class does not met		\$190.20/\$56.00 Paul Renman
65133	Sep 28 – Nov 16 F New Richmond: 120		\$152.16/\$44.80 Casey Wagner
25722*	Oct 12 – Dec 7 F Rice Lake: TBD *Class does not met	4-8p <i>Nov. 23</i>	\$190.20/\$56.00 Ric Eckstein

# Safety

### Lead Safe Renovator Training

47-449-451

This course is designed for repair persons, remodeling, renovation and painting contractors, tradesmen and landlords who conduct/oversee activities that disturb painted surfaces in homes, apartments, or child occupied facilities built before 1978. This course satisfies the training requirement to obtain Wisconsin Department of Health Services and EPA Lead-Safe Renovator Certification. This course also satisfies HUD requirements for persons conducting non-abatement LBP activity as part of a federally funded project. This course is designed to educate attendees how to conduct repair, renovation and remodeling activities in a lead-safe manner. Topics covered include background information on lead, health effects of exposure, regulations, worksite preparation, interim control and non-abatement activities, work site clean-up and disposal.

# Professional Boat Winterization

Oct 8 & 15 New Richmond

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65302	Sep 11 <i>Rice Lake: 245</i>	Tu 8a-5p	\$239/\$212.16 TBD
65303	Sep 18 Superior:0108E	Tu 8a-5p	\$239/\$212.16 TBD
65304	Oct 1 Ashland: TBD	M 8a-5p	\$239/\$212.16 TBD
65305	Nov 5 Rice Lake: 245	M 8a-5p	\$239/\$212.16 TBD
65306	Nov 29 Superior: 108F	Th 8a-5p	\$239/\$212.16 TBD

## MSHA Refresher: Part 46

#### 47-449-418

This course meets the 8-hour annual refresher requirements for MSHA Part 46 mine workers. The purpose of this training is to keep miners informed of conditions at the mine that present potential health or safety hazards. You or your company must have a MSHA Part 46 training plan to attend this class. The training plan must be sent to the college or instructor/trainer at least 2 weeks prior to the start of class. The instructor/trainer must be listed on your company's training plan as a competent person prior to the start of class. Cost of class includes morning and afternoon refreshments and lunch.

64882	Sep 21 Ashland: TBD	F 8a-4:30p	\$135/\$108.16 Todd Larson
64883	Oct 12 Superior: 134	F 8a-4:30p	\$135/\$108.16 Todd Larson
64884	Nov 12 New Richmond:	M 8a-4:30p 1602	\$135/\$108.16 Todd Larson
64885	Dec 3 Rice Lake: 205	M 8a-4:30p	\$135/\$108.16 Todd Larson

## OSHA Safety: General Industry 10hr

#### 47-449-425

This course for people in the general industry sector covers the following subjects: hazard communication, hazardous materials, means of egress and fire protection, walking and working surfaces, machine guarding, lock out/tag out, personal protective equipment, introduction to OSHA inspections, citations, and penalties. Cost includes snacks both days and lunch on day 1. Students who complete the course will receive DOL issued student course completion cards. This class has been approved for CEUs by WI DSPS.

64876	Sep 13–14 Th 8a-4p, F 8-11:30a <i>Rice Lake: 223</i>	\$159/\$125.45 Todd Larson
64877	Oct 15–16 M 8a-4p, T 8-11:30a Ashland: 106	\$159/\$125.45 Todd Larson
64878	Nov 8 – Nov 9 Th 8a-4p, F 8-11:30a New Richmond: 1309	\$159/\$125.45 Todd Larson
64879	Dec 17–18 M 8a-4p, T 8-11:30a Superior: 206	\$159/\$125.45 Todd Larson

#### **OSHA Safety: General Industry 30hr**

#### 47-449-425

This course for people in the general industry sector covers the following subjects: hazard communication, hazardous materials, means of egress and fire protection, walking and working surfaces, machine guarding, lock out/tag out, personal protective equipment, introduction to OSHA inspections, citations, and penalties. The OSHA 30-hour General Industry training is intended for supervisors and workers with some safety responsibility. Students who complete the course will receive DOL issued student course completion cards. Students must complete all 4 sessions in consecutive order to receive their card. The class tuition includes lunch and snacks each day.

64880	Oct 4 – Oct 25 Superior: 305	Th 8a-4:30p	\$265/\$164.35 Todd Larson
64881	Nov 29 – Dec 20 <i>Rice Lake: 210</i>	Th 8a-4:30p	\$265/\$164.35 Todd Larson

#### **OSHA Safety Construction 10 hr**

#### 47-449-426

Course includes introduction to OSHA standards, electrical, fall protection, excavations, tools, personal protective equipment, materials handling and storage, welding and cutting, fire protection and hazard communications. Price includes snacks both days, and lunch on day 1. Students who complete the course will receive DOL issued student course completion cards. This class has been approved for CEUs by WI DSPS.

65437 Sep 5 – Sep 6 WTh 3:30-9p \$159/\$125.45 WITC-Ladysmith Todd Larson

#### Safety Day

#### 47-449-431

Safety Day is a conference designed for participants to learn about a wide range of safety and health related topics in a single daylong conference. Sessions are fast paced and provide the most relevant, up-to-date information based on today's OSHA standards and regulations. Several workshops will give participants practical experience in applying standards and concepts.

64886	Dec 11	Tu 8a-3p	\$65/\$44.87
	Superior: 0108E		Todd Larson
	<b>.</b>		

# **Transportation & Engines**

#### **Auto Mechanics for Mechanics**

47-404-411

Learn component identification, basic tune-up, oil change, fuel systems, basic electrical system troubleshooting, tires and suspension and drive line maintenance. Plan to work on your own vehicle in coordination with instructor.

65132	Sep 21 – Nov 9	F 1-4p	\$91.02/\$10.50
	Superior: 117		Terrance Tucker

#### **Marine Winterization/Storage**

#### 47-461-416

Do you have a boat or pontoon? Are you prepared to safely and correctly store it for winter? Gain or refresh skills necessary to properly winterize and store your watercraft. This is a unique opportunity to work directly on your boat or pontoon with the assistance from a Marine Technology instructor in a modern Marine Repair Lab. Learn how to correctly drain the water from the engine block on outboard or inboard engines, change the oil and filter on a four stroke or inboard (you must provide your own oil and filter), drain the gear case and check for water in oil, check seals in the gear case for leaks, refill the gear case with quality oil (included), treat/stabilize fuel for seasonal storage, check the battery, and clean the exterior. Your instructor will discuss gasoline, ethanol and fuel treatments along with proper storage and tips for covering. Spend part of the class learning in the classroom and the other part hands on winterizing your own watercraft in our lab. Be prepared to bring your boat or pontoon; remember space is limited. You do not need to have a boat to attend this class. Please bring your own oil and filter.

65137	Oct 8 – Oct 15	M 5:30-9:30p	\$59/\$32.16
	New Richmond:	1211	David Brown



To register for classes, see page 30 in this booklet.

# WITC CONFERENCE CENTERS

**DISCOVER A WELCOME RESOURCE.** Full service conference center facilities for your team meeting, retreat or staff event.

# WITC-Ashland

Small and large groups up to 200 people.

2100 Beaser Avenue Ashland, WI 54806 715.682.4591, ext. 3150

WITC-New Richmond Small and large groups up to 200 people.

> 1019 South Knowles Avenue New Richmond, WI 54017 715.246.6561, ext. 4318

## WITC-Rice Lake

Small and large groups up to 300 people.

1900 College Drive Rice Lake, WI 54868 715.234.7082, ext. 5520

## WITC-Shell Lake Small and large groups up to 60 people.

505 Pine Ridge Drive Shell Lake, WI 54871 715.468.2815 ext. 2050

## WITC-Superior

Small and large groups up to 200 people.

600 North 21<sup>st</sup> Street Superior, WI 54880 715.394.6677, ext. 6292

> Call 800.243.9482 or take a look online at

> > witc.edu.

Each center provides an ideal setting for conferences, seminars, and training sessions for a variety of business and community groups.

Facilities include both small and large-group meeting rooms with accommodations for 50-400 people, depending on the location. Refreshments, meals and room set-ups are coordinated by friendly conference center staff who strive to meet your training and meeting needs at very reasonable prices.



# ONLINE CAREER CLASSES

#### guard your business and work information.

October 1 - 26	\$195
Online	Avg. hours 16; 1.6 CEUs/ILUs

# Offered @ WITC through UGotClass

Register for UGotClass courses at bit.ly/witcCEonline

# Business

#### **Cyber Security for Managers**

Cyber security issues are all around us and reach nearly every part of our business and work, from online banking and education to Facebook and Wi-Fi. Finally, you can get up to date on Cyber Security basics and fundamentals. Designed for non-technical managers, directors and others in the work place, you will find out about threats and vulnerabilities, safeguards, common attacks, viruses, malware and spyware, disaster recover planning, Intrusion Detection/Prevention, basic security architecture, introductory forensics, and cyber terrorism. At the end of this course, you will have the knowledge needed to practice safer computing and safe-

# Business Communication

### Female Bullying in the Workplace

Recently we have seen an upsurge of individuals claiming bullying in the workplace. The phenomenon of females being bullied by other females has been discussed in recent years in the media but little has been done to combat or try to deal with the problem. Both females and males need to understand about relational aggression in the workplace. This course is designed to not only help you understand this growing issue but to also help you to not become a victim of of workplace bullying.

October 1 - 26	\$195
Online	Avg. hours 16; 1.6 CEUs/ILUs

Experience. Success.



# Therapeutic Massage Continuing Ed Classes • Dynamic Fascial Web • Subtle Energy Therapy • Dynamic Structure Balancing • Integrative Bodywork Therapy Pg. 17-18

# **Human Resources**

#### Applying Lean Sigma Practices to HR Functions

Develop the mindset of Lean Operational Excellence, an advanced problem solving approach that facilitates continuous improvement within the organization through the identification and elimination of waste. Lean principles can also be used to streamline processes in the human resource functions such as recruiting, hiring, training, compensating and managing performance. Find out about Lean concepts, tools, and methods with which you can benchmark and assess problems, and lead continuous improvement efforts to resolve them. After taking this course you will have an expanded capacity to facilitate small groups and teams using Lean Process Improvement principles and methodologies to create change within your organization. Oc

	5
Online Avg. hours 16; 1.6 CEUs/ILL	

# **New Media Marketing**

#### **Online Advertising**

Get the keys to making online advertising work for you and your organization. See how pay-per-click advertising with Google AdWords works. Find out how to test low budget Adword campaigns. Learn how you can target local audiences. Then discover Facebook advertising and how you can determine the demographics and even numbers of people you want to reach.

No experience necessary, but if you are at an advanced level, your instructor is an online ad expert and can answer your toughest questions as well.

November 5 - 30	\$195
Online	Avg. hours 16, 1.6 CEUs/ILUs

### YouTube for Business

Increase your business with YouTube, the online video site and now the second largest search engine. Discover the power of video for your organization, and how to use video as a marketing tool to reach and serve more people.

Find out what types of video work best on YouTube, how other business organizations are using You-Tube, how to create your own YouTube channel, and the techniques of adding captions, annotations and other extra features.

YouTube can enhance your current marketing and communication strategy. After attending this course you will take back proven strategies and techniques for making YouTube work successfully for your organization.

October 1 - 26	\$245
Online	Avg. hours 16, 1.6 CEUs/ILUs

# **Training and Education**

### The Flipped Classroom

The flipped classroom concept changes routine, boring education, into a vibrant exchange of ideas and group learning that makes for a fascinating and memorable experience. In this course we will explore what defines a flipped classroom, why it is important, the advantages, how to implement, and some examples of how others have benefited from this process.

November 5 - 30	\$195
Online	Avg. hours 16; 1.6 CEUs/ILUs

#### Social Media and Online Tools for K12 Teachers

Facebook, Twitter, YouTube, its seems everyone, including your students, talk about ways the Internet lets them stay in touch and see what others are doing. Since many of your students are already there, have you been curious if any of these tools might keep them stay engaged in your class? Do you ever wonder if there might be some time effective ways to communicate with their parents? GoogleDocs, Adobe ConnectNow, iGoogle, Flicker, animoto, earth album, Teacher Tube, blogs, virtual labs and yes, even Facebook and Twitter can help you add dimension and interest to your class. Discover tips to use a variety of social media and online tools to help your students. You will also spend some time discussing ways to overcome resistance you might encounter in using these programs. For any teacher interested in social media, from beginners to advanced social networkers.

November 5 - 30	\$145
Online	Avg. hours 16, 1.6 CEUs/ILUs

#### **Substitute Teacher Preparation**

To be a substitute today it takes student respect, skills and a portfolio of ideas and workable presentations. You may get the first call but the successful substitute gets the second and third call to report.

Understand what is expected of a substitute and how to maximize your value to a school. Find out about how to develop a sub notebook, understand classroom management, the latest techniques in developing lesson plans, how to use your own portfolio to assist in teaching, and much more.

With information applicable to any U.S. state, this course will provide you with the information you need to know to be successful at any level in any school. It will start you on the teaching path with a working knowledge and a portfolio of ideas to use the day you walk in to a new teaching environment. It will also assist you in finding important information to make you a valuable asset to any school system.

October 1 - 26	\$145
Online	Avg. hours 16, 1.6 CEUs/ILUs



In partnership with UGotClass & Ed2Go

# Offered @ WITC through Ed2Go

# Register for Ed2Go courses at bit.ly/witcCEonline

#### **Certificate in Women's Health Issues**

(14 contact hours) Women represent over half of the global population. While women have a longer life expectancy than men in most every country, they don't necessarily get to enjoy healthier lives. Millions of women suffer from health issues each year throughout the world-health issues that would not affect them if they were men. Women and their health issues have traditionally been neglected both nationally and globally. Poverty, scarce education or economic opportunities, gender bias, gender discrimination, unjust laws, and human rights violations impede advancements in women's health worldwide. The ability to effectively communicate their needs also impacts women's health. When women's health concerns, women's rights, and empowerment are made a priority, the result is immense improvements in the health and well-being of women and their children on a global scale.

Start Dates: Sep 12, Oct 17, Nov 14	\$89
Online	6 weeks

# Certificate in Music Therapy and Sound Healing

Music Therapy and Sound Healing is an established health profession in which music is used within a therapeutic relationship to address physical, emotional, cognitive, and social needs of individuals. At a time when people are increasingly turning to holistic methods of healing, music therapy has developed into a powerful and nonthreatening method that can be used successfully with individuals of all ages and disabilities.

For example, music therapy often complements the treatment provided for pediatric and adult individuals with neurological conditions, including brain injury, stroke, and Parkinson's and Alzheimer's diseases, mental illness, and trauma, and for hospice patients and those undergoing rehabilitation. This program is ideal for professionals in nursing and other healthcare fields, as well as individuals interested in music therapy and sound healing.

Start Dates: Sep 12, Oct 17, Nov 14	\$89
Online	6 weeks

#### Introduction to Mobile Security (Self-Paced Tutorial)

Mobile devices continue to grow in importance in managing our personal and business lives. As such, it makes them particularly vulnerable to attacks and and we need to be able to defend against them. This course is an excellent starting point to understanding the different types of mobile devices, understanding the risks associated with mobile devices, developing a list of ways to secure mobile devices, learning how to apply mobile device app security, and learning how to implement BYOD security.

This course not only covers the fundamentals of mobile security, but also provides a hands-on experience through the use of live virtual machine labs, lab simulations, and case projects. Hands-on projects will have you create and use QR codes, use software to locate a missing laptop, and install an Android emulator to test different anti-malware tools.

A basic knowledge of mobile security is needed for many careers such as cyber security, software development, and web development.

Don't just learn about mobile security, roll your sleeves up, and get to actually do mobile security with the labs, simulations, and projects in this course.

•	Open Enrollment	\$59
Online 6 week	Online	6 weeks

#### Achieving Success with Difficult People

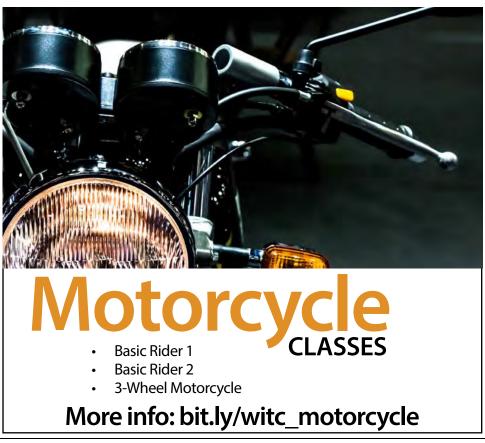
Do you know people whose behavior makes completing even the simplest tasks difficult? Would you like to learn how to have more successful relationships with difficult bosses, co-workers, students, neighbors or family members? Join this class and get helpful information for understanding yourself, solving people problems, and improving your relationships and personal and professional productivity.

Start Dates: Sep 12, Oct 17, Nov 14	\$89
Online	6 weeks

## Speed Spanish

Imagine yourself speaking, reading and writing Spanish. Now you can with Speed Spanish! This course is designed for anyone who wants to learn Spanish pronto. You'll learn six easy recipes for gluing Spanish words together to form sentences. In no time at all, you'll be able to go into any Spanish speaking situation and converse in Spanish. ¡Qué Bueno!

Start Dates: Sep 12, Oct 17, Nov 14	\$89
Online	6 weeks



# Featured Certificates 2018-19

### Phlebotomy Technician

13 Credits

Occupational Supportive/General Studies Courses

Through this series of courses, you will receive practical training in collection of blood specimens, processing blood samples and basic laboratory skills as well as customer service and communication. Choose one:

10501101 or 10806177	Medical Terminology General Anatomy and Physiology	3 credits 4 credits	Contact your local campus Student Services office for
10801196 10106143	Oral/Interpersonal Communication Medical Office Procedures & Cust Serv	3 credits 2 credits	more information and registration details about any certificate.
10513110 10513111 10513112	Basic Lab Skills Phlebotomy Phlebotomy Clinical	1 credits 2 credits 2 credits	Note: Academic support services are available.

#### Dementia Care

Short-term technical certificate

12 Credits

This certificate is ideal for caregivers and practitioners who work with older adults in various settings. You will gain relevant information related to dementia types, symptoms and progression and will be provided with practical tools and strategies that promote effective communication, honor human dignity and support the importance of advanced planning. Upon completion you will be able to positively affect your community through advocacy, education and other initiatives.

10544100	Communication of Aging	3 credits
10544105	Alzheimer's and Dementia	3 credits
10544107	Death and Dying	3 credits
10544111	Legal and Financial Issues of Aging	3 credits

Healthcare and Service Provider	Short-term technical certificate	12 Credits

This certificate is designed to enhance the education and experience of practitioners who work directly with older adults in various settings. Upon completion you will be able to directly apply the acquired theory, knowledge and practical skills within a variety of professional settings.

10544100	Communication of Aging	3 credits
10544101	Social Gerontology	3 credits
10544105	Alzheimer's and Dementia	3 credits
10544110	Programs of Aging Services	3 credits

### Nonprofit Essential Technical Certificate

Explore. Develop. Coordinate. Manage. With this certificate you can complete all the classes in one semester or take one class at a time. Explore strategies for meeting the challenges of running board meetings, raising funds through grants and events, and managing volunteers.

10196131	Fundamentals of Nonprofit Management	3 credits
10104189	Social Media Marketing	3 credits
10196123	Grant Writing & Management	2 credits
10196127	Fundraising & Event Planning	3 credits
10196149	Dynamics of Board Relations	1 credit
10196158	Managing Volunteers	2 credits
10196159	Nonprofit Field Experience	1 credit

## **Certified Nursing Assistant**

Technical diploma

120 hours

15 Credits

The CNA program provides classroom & laboratory instruction and supervised clinical hours in area long term care facilities and hospitals. CNAs provide hands-on care and perform routine tasks under the supervision of nursing and medical staff.



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Courses meet the training and certification needs of today's workforce, with convenient locations and a variety of delivery formats to fit your schedule.

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# BJ Williams 800.243.9482 ext. 5179

Rice Lake campus including counties of Barron, Rusk, Sawyer and Washburn

## Liz Pizzi

# 800.243.9482 ext. 4376

New Richmond campus including counties of Burnett, Polk and St. Croix

#### **REGISTRATION INFORMATION**

# HOW DO I REGISTER?



WITC-Ashland





MAIL Send registration & payment to your local campus



at any campus

# Registration Locations

2100 Beaser Ave, Ashland, WI 54806 715.682.4591, ext. 3050 *fax*: 715.682.8040

WITC-Hayward Outreach Center

15618 Windrose Ln Ste 106 Hayward, WI 54843 715.634.5167

• WITC-Ladysmith Outreach Center

1104 Lake Avenue Ste 1 Ladysmith, WI 54848 715.532.3399

#### WITC-New Richmond 1019 S. Knowles Ave, New Richmond, WI 54017

715.246.6561, ext. 4221 fax: 715.246.2777

#### WITC-Rice Lake

1900 College Drive, Rice Lake, WI 54868 715.234.7082, ext. 5045 *fax*: 715.234.1241

#### • WITC-Superior

600 N. 21st Street, Superior, WI 54880 715.394.6677, ext. 6050 *fax*: 715.394.3771

## **REGISTRATION POLICIES**

#### Nondiscrimination Notice

WITC is an equal opportunity employer/educator functioning under the affirmative action plan. The Wisconsin Indianhead Technical College District does not discriminate on the basis of race, color, national origin, sex, disability or other applicable legislated categories, in its services, employment programs, and/or its educational programs and activities, including but not limited to admissions, treatment, and access. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Amanda Gohde, Director, Human Resources, Equal Opportunity/Access & Affirmative Action Officer, 505 Pine Ridge Drive, Shell Lake WI 54871, 715.468.2815 ext. 2240, Amanda.Gohde@witc.edu. Program information or assistance regarding requests for reasonable accommodation under the Americans With Disabilities Act can be obtained from the College Affirmative Action Office.

#### Accommodations for Persons With Disabilities

Reasonable accommodations for persons with disabilities will be made to ensure access to academic programs, activities, services and employment in accordance with 504 of the Rehabilitation Act of 1973, the Americans With Disabilities Act of 1990 and the Americans with Disabilities Act (ADA) Amendments Act of 2008. If accommodations are needed, the student should contact the campus Accommodations Specialist or Amanda Gohde, Director, Human Resources, Equal Opportunity/Access & Affirmative Action Officer, at 715.468.2240, 30 days in advance of needed assistance.

#### Senior Fees

WITC has implemented a waiver for students ages 62 plus. This waiver is for personal enrichment courses only (the catalog number begins with 60) and provides up to a 50% discount. (Amount varies based on material fees.) Student's age must be 62 plus at the start of the term (6/1 for summer, 8/27 for fall and 12/24 for spring). Students ages 62 plus who are enrolled in professional courses (catalog number begins with 42 or 47) are still exempt from program fees under State Statute 38.24 (1)(b) and only required to pay material fees, which is approximately \$4.50 for many courses.

# YOUR INVESTMENT, THEIR FUTURE

#### **WITC Foundation Mission**

To encourage the success and achievement of WITC students, staff, faculty, and alumni.



WISCONSINFor information on howINDIANHEADyou can take part inTECHNICALthis mission & supportCOLLEGEstudents in your area,visit witc.edu.



<b>~~~~</b>	WISCONSIN
~ ~	INDIANHEAD
WITC	TECHNICAL
1110	COLLEGE

# **REGISTRATION FORM**

For Continuing Education (non-credit) Courses WITC is an equal opportunity employer/educator

Last Name	First Name	M.I.	Former Last N	ame (if applicable)	Date of Birth	Age 62+
WITC Student ID No.	Social Se	ecurity No.		OFFIC	E USE ONLY	
I've taken classes at V	VITC in the past.			38.14 Contract # Employer #	4	
Email address (required f	or WITC alerts and impo	rtant commu	nication)	Senior Fees \$ Other		
Home phone	C	cell phone			t	
Home address						
City	State	:	ZIP Code			
Resident of (check one): Towns	hip 🗆 Village 🗖 City	County	School District	Highest Creden		
Last high school attended	d:			$\Box 01 = \text{No Crede}$ $\Box 02 = \text{GED}$	ntial	
Highest grade COMPLE	ED (K-12):			$\Box 03 = HSED$ $\Box 04 = High school\Box 05 = Some col$		
The information below and federal reporting purpose				$\Box 06 = \text{Short-terr}$ $\Box 07 = 1 \text{yr diplon}$ $\Box 08 = 2 \text{yr diplon}$		ate
Gender:  All Male Ethnicity: Hispanic/Latin Race (check all that apply American Indian/Alaska Asian  Black/African	r): a Native			$\Box 09 = Associate$ $\Box 10 = Associate$ $\Box 11 = Baccalau$ $\Box 12 = More than$	e degree e degree + creden reate	

□ Native Hawaiian/Other Pacific Islander

□ White

It is your responsibility to contact WITC to officially drop a class. If you decide to drop, you should do so immediately as a single day can affect your refund amount. A full refund will be given if you notify WITC prior to the first scheduled class meeting.

CLASS NO.	CATALOG NO.	CLASS TITLE	LOCATION	START DATE	CLASS FEE
Once registered for a course(s), you have created a liability with WITC and a promise to pay.			TOTAL		

PAYMENT METHOD:  Check or money order payable to WITC	□ Cash □ MasterCard	□ Visa □ Discover	Exp. Date	Security Code
Credit Card No.:	Name on Card:		Signature:	
Traffic-Related Registration: Motorcycle, Traffic Safety, Group Dynamics, Multiple Offender				
Driver's License NumberAssessment Agency and Date				
Youth Registration: With parent/guardian approval, WITC courses are open to students age 16 or younger when the course meets outside student's normal school hours. Some courses may have minimum age prerequisites. Signature of Parent/Legal GuardianDate				
Sponsored Registration: If an agency or employer has agreed to pay your tuition, complete the section below and attach written authorization.				
Name of Business/Agency:		EMS/Fire Sponsor:		

I authorize WITC to forward information regarding the completion of this course to the sponsor listed on the line above.

Student Signature

11.14





Wisconsin Indianhead Technical College 505 Pine Ridge Drive Shell Lake, WI 54871

# 2018 CALENDAR

Look inside for full descriptions and details. Or online at bit.ly/witcCEevents.

### Register early as events fill quickly!

# **Essential Supervisory Skills**

September 12 & 19 | WITC-New Richmond

For managers and supervisors both new and seasoned

## **Juggling Life & Caregiving**

September 27 | WITC-New Richmond Practical tips for working caregivers

#### **Caregiver Conference**

September 28 | WITC-New Richmond Conference for family and professional caregivers

## Nonprofit Workshop

October 4 | New Richmond Educational event for nonprofit professionals

# Early Childhood Ed CE Conference

October 20 | WITC-New Richmond You Can't Make Me: Power Struggles & Young Children

## Dale Carnegie Immersion Seminar

October 17-19 | WITC-Superior Sharpen your skills, ignite your career!

### **Caregiver Conference**

October 26 | WITC-Rice Lake Conference for family and professional caregivers

## Medical Assistant Conference

October 27 | WITC-Superior (ITV to New Richmond) A day of learning for Medical Assistants

## HR for the Non-HR Manager

November 2 | WITC-New Richmond Event for current and aspiring managers/HR professionals

# **Superior Safety Day**

December 11 | WITC-Superior Learn about a range of safety & healthrelated topics