

WITC LIFE AND LEISURE Continuing Education

NEW

TRY BEFORE YOU BUY
FREE CLASSES!

See page 3



WISCONSIN
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WITC.EDU

WITC Continuing Education

LIFE AND LEISURE

ARTS	<i>pgs 3 – 9</i>	CONFERENCE CENTERS	<i>pg 27</i>
Drawing & Painting		CERTIFICATES	<i>pg 28</i>
Fine Arts & Crafts		CUSTOMIZED TRAINING	<i>pg 29</i>
Music		REGISTRATION INFO	<i>pgs 30 – 31</i>
Photography			
Sewing & Quilting			
Theatre			
Writing			
COMPUTERS & TECH	<i>pgs 9 – 11</i>		
Microsoft Courses			
Computers, Phones & Tablets			
DO-IT-YOURSELF	<i>pgs 11 – 13</i>		
Automotive			
Machine Shop			
Welding & Woodworking			
HEALTH & WELLNESS	<i>pgs 13 – 17</i>		
Caregiving			
Personal Wellness			
Sports & Fitness			
HOME & LEISURE	<i>pgs 17 – 18</i>		
Cooking & Baking			
Family & Relationships			
Financial Planning			
Household Management			
LIFELONG LEARNING	<i>pgs 19 – 22</i>		
Career Development			
Language			
Natural Science			
Social Science			
Special Events			
SAFETY & EMS	<i>pgs 23 – 25</i>		
Emergency Medical Services			
Personal Safety			
Traffic Safety			
YOUTH CLASSES	<i>pg 26</i>		
Kids' Classes			
Test Prep			

It's Easy to Register!

ONLINE | PHONE
IN PERSON | MAIL

See *page 30* for
registration information.

CLASS TYPES

Webinars are courses offered during a specific time period that can be accessed from your home computer with a free BlueJeans software download. Must have a reliable internet connection, microphone and camera. You can interact with the teacher during the class.

Online courses are offered via the Internet using a web browser. You can access the course at any time. Offline supervised tests/exams at specified sites may be conducted in conjunction with these courses.

ITV (Interactive Television) classes are live video/ audio classes with students at one or more WITC campuses. The classes are offered during a specified time and students attend at their nearest campus. Class may have students at the same site as the instructor and students at remote sites.

CLASS NUMBERS

When you register for a class, please provide *both* the Catalog **and** Class numbers. **Catalog Number** is a hyphenated eight-digit number (12-345-678) found *under* the class title. **Class Number** is a bold five-digit number (12345) found to the *left* of class meeting details.

For a complete list of WITC Continuing Education classes go to: **courses.witc.edu**

New at WITC: *Try Before You Buy* FREE SAMPLE CLASSES



Give a class* a try before signing up for the full session. Look for the **yellow symbols** below throughout the catalog!

→ Yoga → Writing → Health → Music
→ Gardening → Painting → and more!

Try the  class. Sign up for the full class. 

** Limit one free class per student per semester*

ARTS

Drawing & Painting

Note for all art classes: supply fees are included in registration cost unless stated otherwise.

Creative Pen & Ink

60-815-605

Use pencil to practice Zentangle patterns using lines and shapes for a fun warm-up exercise. Then use your own photos for inspiration as you further explore contour lines, cross-hatching and pointillism. View technique demonstrations in the morning and in the afternoon learn to combine ink with colored and watercolor pencil and a watercolor wash. Create drawings; design a note card and/or stationery. Beginners are welcome; please bring a lunch. See supply list at www.witc.edu/supplies.

24908 Apr 6 M 10a-4p \$37.50/\$24.30
Hayward: 106 Diana Randolph

Art Retreat: Explore Pen & Ink

60-815-605

Come along on a 2-day art and history-focused retreat to beautiful Cable and Hayward, Wisconsin!

Agenda includes:

Day 1

- Learn and practice various pen & ink techniques alongside an award-winning artist
- Dinner at the Mooselips Java Joint with author and historian Jim Brakken
- Evening relaxation and accommodations at the Telemark Condo Association

Day 2

- Breakfast and fiber/artisan tour at Farmstead Creamery & Café
- Shopping and lunch on your own in historical downtown Hayward

Pack a sketchbook of your choice and casual attire. Register early as room reservations are required.

Itinerary: Wednesday pickup at 7:30 a.m. at WITC-Rice Lake, 8 a.m. at Spooner High School and 8:30 a.m. at WITC-Hayward. Tuesday departure from Hayward at 3:30 p.m.

25409 Apr 29 – Apr 30 WTH \$289/\$258.20
Diana Randolph

Wire Wrap Basics

60-815-602

Choose a jewelry piece to create: coil bracelet, hair comb or a necklace & earring set. Learn the basic techniques of wire wrapping, including: using tools, hiding ends, wrapping smoothly and understanding materials. Bring a wire cutter and small hand pliers (suggested: round nose and side cutting pliers); all other supplies provided.

24572 Feb 8 Sa 10a-1p \$31.50/\$22.70
Superior: 216 Stacie Buchanan

Wire Wrapped Tree of Life

60-815-602

Create a wire wrapped tree of life pendant using beads that you select. Learn the basic techniques of wire wrapping, including: using tools, hiding ends, wrapping smoothly and understanding materials. Bring a wire cutter and small hand pliers (suggested: round nose and side cutting pliers); all other supplies provided.

24574 May 2 Sa 10a-1p \$31.50/\$22.70
Superior: 216 Stacie Buchanan

Acrylic Pouring

60-815-600

Learn the technique of fluid art and take home THREE abstract masterpieces that you create. This form of painting is easy to learn and fun for all skill levels! Learn 3 basic techniques: string pour, dirty pour and swirl pour. Modify your paints with different pouring mediums, create cells and learn recipes and instructions for future experimentation. Come dressed for mess and bring a pair of latex gloves.

25271* Feb 22 Sa 10a-2p \$67.50/\$54.30
Superior: 113 Molly Martens
*Must pick up your project on 2/23 from 1p-2p

Try Before You Buy:

Try Your Hand at Dot Painting



99-825-100

Try the popular art form of Dot Mandala painting. Instructor: Maria Clark

25420 Jan 29 W 1p-2p Webinar

Dot a Wine Glass



60-815-600

Paint a gorgeous wine glass with dots, using specialty multi-surface paints. Then learn how to cure the glass so it can be gently washed. Use your finished product as a special gift for yourself or others. See supply list at www.witc.edu/supplies.

24876 Apr 15 W 6:30p-8:30p \$15.50/\$11.10
Webinar Maria Clark

Mandala Dot Painting: Intermediate



60-815-600

Using an 8" round surface (wood or canvas panel) see how dots can create intricate designs and color patterns. Also explore how to prepare a wood surface for painting and create a grid for good alignment. See supply list at www.witc.edu/supplies.

24874 Feb 19 – Mar 4 W 6:30p-8p \$37.50/\$24.30
Webinar Maria Clark

Mandala Dot Painting: Advanced



60-815-600

Create a stunning painting using traditional mandala dots on a stretched canvas or canvas panel. See supply list at www.witc.edu/supplies.

24875 Mar 18 – Apr 1 W 6:30p-8p \$37.50/\$24.30
Webinar Maria Clark

Pastels: Edge, Color & Value

60-815-600

Use pastel sticks and your own photos to explore the way the earth and sky interact with one another in the landscape. Practice softening edges in the background to create the illusion of three-dimensional space. You'll have the opportunity to explore the museum's new exhibit about nighttime in the North woods. This class is for all levels, though basic drawing experience is helpful. Please note: This class is being offered two days in a row; sign up for one or both. Bring your lunch or order from a local catering establishment in class. See supply list at www.witc.edu/supplies.

24911 May 13 W 10a-4p \$37.50/\$24.30
Cable Natural History Museum Diana Randolph

24912 May 14 Th 10a-4p \$37.50/\$24.30
Cable Natural History Museum Diana Randolph

Pastels: Simplify Scenes

60-815-600

Interpret your own photos of landscapes or street scenes using dry pastels on paper. Create a small sketch to plan your piece, then select colors to capture the mood of your scene. Focus on the essentials and eliminate details to create a vivid, simplified painting. Bring your lunch or order from a local catering establishment in class. See supply list at www.witc.edu/supplies.

24909 Apr 20 M 10a-4p \$37.50/\$24.30
Cable: UCC Church Diana Randolph



New at WITC: Take-from-Home CLASSES

→ Yoga → Word, Powerpoint, Excel
→ Writing → Leading Meetings → and more!

These live webinar classes will be taught via BlueJeans, a free downloadable software that WITC will provide access to prior to start date of class.

Marked throughout catalog with a 

Watercolor: Brushes Optional

60-815-600

Explore brush-less methods of applying and moving watercolor on paper: we will use fingers, spray bottles, tooth brushes, toothpicks, straws and brushes to create beautiful still life paintings. Design and composition will be discussed during the painting of your piece. This class requires basic knowledge of watercolor techniques. This class is fast moving and a bit unconventional—in other words it's fun! See supply list at www.witc.edu/supplies.

25212 May 13 – May 14 WTh 9a-4:30p \$70.50/\$44.10
Rice Lake: 225 Jeffrey Nelson

Fine Arts & Crafts

Note for all art classes: supply fees are included in registration cost unless stated otherwise.

Pottery: Handbuild/Throw/Wheel

60-306-685

Curious about clay? Develop your hand-building, wheel-throwing and firing techniques while you create projects you choose. If you've always wanted to learn and experiment with pottery, this is the class for you! Beginner to advanced potters welcome; small group size ensures individual guidance. The pieces you create in class will be fired and completed for you to take home.

25157 Jan 22 – Mar 25 W 4p-6p \$149.50/\$105.50
Webster High School Kim Kriegel

Mosaic Bowl

60-815-640

Discover the technique to lay out and assemble a functional fused mosaic bowl. A great class for anyone age 8 and up. Please wear closed toe shoes and long pants.

24835 Jan 28 Tu 5p-7:30p \$46.50/\$37.70
Superior: Shannon's 2nd Glass Shannon Johnson



Class Full?

Call your campus—get added to a waiting list.

View our most up-to-date class listings online at courses.witc.edu.

Needle Felting

60-815-640

Explore the magic of needle felting, using colorful wool and beads to transform a plain felt into a beautiful scene. Needle felting is a dry felting technique that allows you to add great detail to your piece, layer by layer. You will use hand-dyed wool from the instructor's sheep. \$25 supply fee due to instructor at the start of class.

24694*	Feb 1	Sa 2p-5p	\$51.50/\$42.70
	Hayward: Farmstead Crmry/Cafè Laura Berlage		
	*Project: Songbird		
24697*	Mar 7	Sa 2p-5p	\$51.50/\$42.70
	Hayward: Farmstead Crmry/Cafè Laura Berlage		
	*Project: Koi pond		

Copper Overlay Art

60-815-640

Applying soldered copper on top of glass is a contemporary way to create artwork and the results are phenomenal. There are several patterns to choose from. Please wear closed toe shoes and long pants.

24837	Feb 12	W 5p-7:30p	\$56.50/\$47.70
	Superior: Shannon's Stnd Glass Shannon Johnson		

Leatherworking & Hardware

60-815-640

Learn the basic concepts of working with leather while developing skills for attaching mechanical hardware, rivets, eyelets, snaps and dots as well as learning how to use the tools associated with them. You'll have several projects to make during class and take home with you.

25270	Mar 7	Sa 10a-3p	\$67.50/\$54.30
	Superior: 112 Molly Martens		

Scrappy Birds

60-815-640

Create an adorable bird using abstract scraps of fusing glass, wire and pre-cut glass bases. See your fusing scraps in a whole new light! Please wear closed toe shoes and long pants.

24839	Mar 11	W 5p-7:30p	\$36.50/\$27.70
	Superior: Shannon's Stnd Glass Shannon Johnson		

Candles, Diffusing & Mists

60-815-640

Learn about making a simple soy candle and go home with some recipes for diffusing essential oils for winter time aromatherapy.

25235	Mar 19	Th 5:30p-7:30p	\$25.50/\$21.10
	Chetek-Weyerhaeuser HS Tammy Michielson		

Wood Art

60-815-640

Awaken the possibilities of woodcut printing; both beginner and advanced printmakers welcome. Printing and cutting techniques will be explored through demonstration. Design images, cut your own blocks and print projects! See supply list at www.witc.edu/supplies.

25294	Mar 25	W 9a-3p	\$37.50/\$24.30
	Rice Lake: 214 Matthew Ellis		

Rosemaling/Folk Art

60-306-606

Learn Rosemaling, the Norwegian folk art of decorative painting on wood. Refine your brush handling, color application and mixing as you plan/paint your design. Students must bring their own supplies.

24568	Mar 26 – Apr 23	Th 9a-3p	\$169.50/\$103.50
	Superior Public Library June Nyberg		

Easter Egg Ornament

60-815-640

Create two beautiful egg-shaped decorations in this Easter-themed class.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24840	Mar 28	Sa 11a-1p	\$25.50/\$21.10
	Superior: Shannon's Stnd Glass Shannon Johnson		

Pyrography: Woodburning

60-815-640

Beginner and advanced burners will learn basic skills and explore new possibilities! You do not need to know how to draw to be successful as projects will be explained and demonstrated. See supply list at www.witc.edu/supplies.

25291	Apr 22	W 9a-3p	\$37.50/\$24.30
	Rice Lake: 190 Matthew Ellis		

Paint on Driftwood/Leaves

60-815-640

Create a personalized wood wall hanging or piece of table decor using driftwood and leaves.

25139	May 8	F 12p-4p	\$36.50/\$27.70
	Rice Lake Sr Citizens Ctr Anisha Woods		

Mini Mixed Media Collage

60-815-640

Create a unique mini collage: modern, traditional and any color/theme you choose! Bring items to use in your collage or use the ones provided.

NOTE: Class is open to age 13 – adult. Youth ages 13 – 15 must be accompanied by a registered adult.

25137	May 15	F 12:30p-3:30p	\$38.50/\$29.70
	Hayward: 104 Anisha Woods		

Music

Try Before You Buy:

5-String Bluegrass Banjo

99-825-100

Discover the banjo—playing, purchasing and the basics of bluegrass banjo class Instructor: Eileen Sugars

25446 Jan 30 Th 1p-2p Superior: 113

5-String Bluegrass Banjo

60-805-605

Learn to play Scruggs - style 5-String Banjo while working through a song list of popular Bluegrass tunes. Beginner and intermediate musicians welcome. Bring your own functional 5-string banjo.

24566* Jan 30 – Mar 12 Th 6p-7p \$37.50/\$24.30
Superior: 216 Eileen Sugars

*Class does not meet on 2/13

24567* Mar 26 – May 7 Th 6p-7p \$37.50/\$24.30
Superior: 111 Eileen Sugars

*Class does not meet on 4/23

Guitar Beginning

60-805-605

Beginner and intermediate students will learn to play acoustic guitar with understanding of basic styles, beginning music theory, tablature and more. Bring your guitar and join us for some fun.

25295 Jan 28 – Mar 3 Tu 6p-7p \$37.50/\$24.30
Superior: 306 Shane Nelson

Music as Language

60-805-605

Why is music called the universal language? Explore how music draws similarities to the language we speak and allows us to communicate more effectively. No musical experience necessary.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24443 Feb 10 – Mar 9 M 5:30p-7:30p \$59.50/\$37.50
Superior: 111 Luke Perry

Music Styles and History

60-805-605

Trace the evolution and history of popular music and learning how different styles have evolved up to the current day, in addition to discussing differences and similarities between music styles. No musical experience necessary.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24444 Mar 23 – Apr 20 M 5:30p-7:30p \$59.50/\$37.50
Superior: 306 Luke Perry

Photography

Winter Beauty

60-203-602

Don't let winter get you down—use it as a photography opportunity! Explore techniques of winter photography and then head outdoors to see the treasures winter has for a camera.

24689 Feb 27 – Mar 5 Th 6p-8:30p \$37.50/\$24.30
Ashland: 204 Joy Wooley

Watching for Spring

60-203-602

Spring is a wonderful time of year to photograph—everything is new and fresh! Take your camera outside for this class and learn to see the world from a new perspective!

24690 Apr 16 – Apr 23 Th 6p-8:30p \$37.50/\$24.30
Ashland: 204 Joy Wooley

Lake Superior Skyline

60-203-602

Shading, framing and perspective are all things to consider when photographing our beautiful Lake Superior. Meet at the college and then make our way down to the lake shore—don't forget your coffee! Watch a beautiful sunset with discussion and hands-on learning.

24691 May 14 – May 21 Th 6p-8:30p \$37.50/\$24.30
Ashland: 204 Joy Wooley

Sewing & Quilting

Note for all art classes: supply fees are included in registration cost unless stated otherwise.

Art Retreat: Freeform Floral Wall Hanging

60-304-615

Don't miss this all-day quilting retreat in beautiful Cable, Wisconsin led by an award-winning quilter who has taught classes for guilds and at national quilt shows. You will make a colorful wall hanging, working on machine quilting, binding and hand stitching if you desire. Bring a few photos of flowers or leaves for inspiration. Basic sewing machine experience necessary. Lunch included. Registration closes March 26. See supply list at www.witc.edu/supplies.

25210 Apr 4 Sa 9a-3p \$89/\$75.80
Cable: Forest Lodge Edu Campus Norma Riehm

Sew, Fix or Alter It

60-301-605

Learn tips for clothing alterations, tailoring & repair including how to: hem jeans, fix tears, attach buttons, zippers & patch clothing so it looks like new! Both machine and hand stitching techniques will be covered. Bring in a small project, your sewing basket with thread, needles and scissors.

25272 Mar 14 Sa 10a-3p \$37.50/\$24.30
Superior: 112 Molly Martens

Sew a Fidget Quilt

60-301-605

Fidget quilts/sensory blankets can help calm dementia patients by giving them something to do with their hands. Bring your own sewing machine, scissors, thread and other sewing items; fabric and fidget items provided.

25140 Apr 24 F 12p-4p \$36.50/\$27.70
Rice Lake Sr Citizens Ctr Anisha Woods

Mary Lee’s Tote

60-304-615

Get excited about making your own unique multi-purpose bag using fabric strips. This is a tote you’ll use over and over again so plan for fun, funky spring colors. You will construct the bag in class and finish it off at home with your own accessories. See supply list at www.witc.edu/supplies.

25233 May 8 F 10a-1p \$26.50/\$17.70
Hayward: 106 Krystal Guthman

Theatre

Improv 101

60-815-610

Improv is fun and has something for everyone from companies, to families, to individuals. Participate in warm-up exercises to help you let go and get your creative juices flowing. Explore and study short-and long-form improv in addition to tips from masters of improv. Your instructor is a Second City graduate who can’t wait to explore the art of improv with you.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24852 Mar 26 – Apr 30 Th 5:30p-7:30p \$70.50/\$44.10
Ashland: 203 Cynthia Gaver



WISCONSIN
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Writing

Try Before You Buy:

Try Your Hand at Writing

99-825-100

Explore the art of writing—all levels welcome!
Instructor: Cynthia Gaver

25448 Jan 30 Th 11a-12p Superior: 306

Illustrated Journals

60-801-601

Explore ways to channel your creativity using both the right and left sides of your brain. Use a variety of visuals to expand your writing to new creative dimensions. No drawing or writing experience needed.

24701 Feb 4 – Mar 10 Tu 10a-12p \$70.50/\$44.10
Hayward: 114 Patricia Ginther

Poem in My Pocket, Song in my Heart



60-801-601

Have you ever you had a lyric stuck in your mind that you thought would make a good song? Have you been writing lines of poetry on notepads and napkins for years? Then let us begin!

24850 Mar 24 – Apr 28 Tu 6:30p-8:30p \$70.50/\$44.10
Webinar Cynthia Gaver

The Relevant Personal Story

60-801-601

The relevant personal story is a powerful form of literary non-fiction that depends on the qualities of fiction (dialogue, setting, character, and plot) to create a fully rendered story, rich with subtle meaning. This six week class will take you through the writing process from concept to completed story and offer you a form that can be used for continued projects.

25787 Jan 15 – Feb 19 W 6p-8p \$59.50/\$37.50
St. Croix Falls Public Library Kathleen Melin

The Writer and the Writing I

60-801-601

Both new and established writers will engage in prompts, exercises, examples, tools, and discussion all designed to inspire, encourage, and evolve the your voice and strengthen your understanding of the art of writing. This is a computer-based writing class but the instructor is present so you will interact with her and fellow classmates. This is part 1 of a 2-part series; watch for part 2 in the fall semester.

24847 Mar 24 – Apr 28 Tu 4p-6p \$70.50/\$44.10
Webinar Cynthia Gaver

Writing Your Life Story

60-801-601

Develop your writing style and techniques as you write about the stages of your life, then share your stories in class and with others if you choose.

24700	Feb 4 – Mar 10 <i>Hayward: 106</i>	Tu 1p-3p	\$70.50/\$44.10 <i>Patricia Ginther</i>
24781	Feb 6 – Mar 19 <i>Superior: 134</i>	Th 1p-3p	\$81.50/\$50.70 <i>Mary Beth Frost</i>
24354	Mar 9 – Apr 20 <i>Rice Lake: 160</i>	M 9:30a-11:30a	\$81.50/\$50.70 <i>Patricia Brewer</i>

Beginning Microsoft Word

47-103-438

Maximize the power of Microsoft Word. Learn word processing basics and tips to create, edit and format documents; understand files and folders; check spelling and grammar; change font and font size; create tables, tabs, envelopes, labels, borders and shading and much more. Prerequisite: basic computer and keyboarding skills.

25061	Feb 11 – Mar 3 <i>Webinar</i>	Tu 4p-6p	\$35/\$7.70 <i>Sara Reimann</i>
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Intro/Beginning Microsoft Excel

47-103-401

You will be amazed at what Excel can do for you! Understand the basics of navigating through the cells, formatting and setting up a spreadsheet for maximum efficiency. You will see how easy it is to have your numbers calculated for you in just seconds and how to sort through long, ponderous lists with ease. Prerequisite: Basic computer skills.

25061	Feb 11 – Mar 3 <i>Webinar</i>	Tu 4p-6p	\$35/\$7.70 <i>Sara Reimann</i>
24693	Feb 17 – Feb 19 <i>Rice Lake: 111</i>	MW 5p-7p	\$29/\$15.35 <i>Leah Goettl</i>
25060	Mar 17 – Apr 7 <i>Webinar</i>	Tu 4p-6p	\$35/\$7.70 <i>Sara Reimann</i>

COMPUTERS & TECH

Microsoft Courses

Try Before You Buy:

Beginning Microsoft Word

99-825-100

Explore all the things you can do with Word!
Instructor: Renee Mason

25421	Jan 28	Tu 5p-6p	<i>Webinar</i>
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Motorcycle Classes @ WITC

3 Wheel

Sponsored by Can Am • Rice Lake

2 Wheel

Ashland • New Richmond
Rice Lake • Superior

Call **800.243.9482 ext. 5230** for more info.

Beginning Powerpoint

47-103-422

In this class you will create and edit a presentation with pictures; learn how to enhance your presentation with shapes art and photos; practice reusing a presentation and adding media and animation to make your presentation stand out; and close with adding graphics, SmartArt and special formatting. This extensive beginner course will provide tools to enhance your work, school or personal use.

25059	Apr 21 – May 12	Tu 4p-6p	\$35/\$7.70
	Webinar		Sara Reimann

What’s New in Windows 10

47-103-409

Learn the components of Windows 10 including how to customize the Start Menu and work with the mouse, touchscreen and keyboard. Explore apps, create and modify account settings and understand file storage and photo management. Bring a laptop if you have one.

25463	Feb 18 – Feb 25	TuTh 5p-7p	\$35/\$14.52
	Ashland: 207		Taylor Foley
24315	Feb 21	F 1p-3p	\$19/\$12.17
	New Richmond: 1309		Heather Spencer
25450	Mar 10	Tu 5:30p-7:30p	\$19/\$12.17
	Hayward: 105		Allison Scheffel
25449	Mar 12	Th 5:30p-7:30p	\$19/\$12.17
	Shell Lake: 128		Allison Scheffel

Computers, Phones & Tablets

Beginner Computers for Seniors

42-107-413

Develop skills in computer use including the mouse and keyboard along with knowledge of terminology. As a new user of personal computers, you will be introduced to word processing, the Internet, Windows and types of computers and components.

25208	Feb 4 – Mar 10	Tu 1p-3p	\$45.45/\$4.50
	Superior: Senior Citizen Ctr		Barbara Williams

Beyond Beginner Computers

42-107-413

This class is for you whether you are in the beginning phase of using a computer, want a refresher, or wish to understand a bit more about programs. Expand your knowledge of Windows 10 and more. Come with specific questions about computer use.

25209	Mar 24 – Apr 28	Tu 1p-3p	\$45.45/\$4.50
	Superior: Senior Citizen Ctr		Barbara Williams

Welcome to Computers

42-107-413

Develop skills in computer use and knowledge of terminology. As a new computer user, you will be introduced to word processing, the Internet, Windows and various types of computers and components. Feel free to bring a lunch.

25326*	Mar 6 – Apr 3	F 10a-1p	\$45.45/\$4.50
	Hayward: 103		Patti Rumler
	*Class does not meet 3/20		

Connect with Facebook & Instagram

60-107-602

This course is designed to introduce the unique features of Facebook and Instagram. Learn all about the how to post, #hashtag, share, and stay connected in this constantly evolving technical world. The instructor will provide hands-on guidance as you explore and learn all about these social media platforms.

25455	Mar 3	Tu 5p-8p	\$26.50/\$17.70
	Hayward: 106		Allison Scheffel
25454	Mar 5	Th 5p-8p	\$26.50/\$17.70
	Shell Lake: 128		Allison Scheffel
24415	Mar 6	F 12p-3p	\$26.50/\$17.70
	New Richmond: 1309		Heather Spencer

Intro to Androids

60-107-602

Learn to use your Android smartphone or tablet, including its’ capabilities and limitations. Interact with your device, navigate trips, capture photos, check the weather, receive your email and gain basic troubleshooting tips for when something goes awry. Please bring your Android device and charger to class and make sure that the device is updated to the latest operating system. Also bring a lunch.

25324	Feb 7	F 10a-1p	\$26.50/\$17.70
	Hayward: 103		Patti Rumler

Intro to iPhone/iPad

60-107-602

Learn to use Apple’s iDevices including: iPad, iPhone and iPod Touch. Interact with your device, access different features, set up and manage your account and access the Internet. Understand the capabilities and limitations of your iDevice and why it may or may not replace your computer. Gain basic troubleshooting tips for when something goes awry. Prerequisite: update your iDevice with the latest iOS software.

25064	Feb 3 – Feb 5	MW 1p-3p	\$26.50/\$17.70
	Siren: Professional Tutor		Sara Reimann
25325*	Feb 21	F 10a-1p	\$26.50/\$17.70
	Hayward: 103		Patti Rumler
	*Bring a lunch to class		
24775	Mar 13	F 9a-12p	\$26.50/\$17.70
	Superior: 301		Venessa Osborne

iPhone/iPad in Depth

60-107-602

Dig deeper in to the capabilities of your iDevice. Discover the many applications available and how to install them. Learn how to send email, use the camera and share photos. Understand Cloud storage, security and how to sync files between your mobile device and computer. Prerequisite: update your iDevice with the latest iOS software.

25063	Feb 10 – Feb 12	MW 1p-3p	\$26.50/\$17.70
	<i>Siren: Professional Tutor</i>		<i>Sara Reimann</i>
24776	Mar 27	F 9a-3:30p	\$37.50/\$24.30
	<i>Superior: 301</i>		<i>Venessa Osborne</i>

Portal: Technology for Seniors & Family

60-107-602

Remember the episode of *The Jetsons* when Jane uses her morning mask to answer the videophone? This type of thing is now reality! Technology such as Facebook's Portal allows us to communicate virtually with friends and family and even talk to a group of people at the same time. Learn how easy this technology is for anyone to use.

25402	Apr 15	W 5:30p-7:30p	\$15.50/\$11.10
	<i>Shell Lake: 128</i>		<i>Linda Hand</i>

Using All Google Has to Offer

60-107-602

Explore all that Google has to offer: Gmail, Chrome, Maps, Drive, Spreadsheets, YouTube, Calendar...and much more! With Google, you can upload and store all of your files online, share these files with others and access them from any computer, smartphone, or tablet. You can also quickly and easily get answers on your smartphone or computer. Please bring your laptop or device to class.

25062	Mar 3 – Mar 10	Tu 1p-3p	\$26.50/\$17.70
	<i>Siren: Professional Tutor</i>		<i>Sara Reimann</i>

QuickBooks

47-103-439

Learn the essentials of how to correctly use QuickBooks desktop accounting software. In the class you will create a new company file from scratch, and learn the flow of the customer, vendor and banking activities. Review the report options and learn how to customize to fit your needs. Basic computer skills required. There will be a break for lunch, which is on your own.

25773	Apr 17	F 9a-4p	\$39/\$11.70
	<i>New Richmond: 1309</i>		<i>Charity Williams</i>

DO-IT-YOURSELF

Automotive

Auto Mechanics for Mechanics

47-404-411

Learn component identification, basic tune-up, oil change, fuel systems, basic electrical system troubleshooting, tires and suspension and drive line maintenance. Plan to work on your own vehicle in coordination with instructor.

24606*	Mar 13 – May 8	F 1p-4p	\$92.40/\$10.50
	Superior: 117		Terrance Tucker
*Class does not meet 4/10			

Outboard Motor Servicing

47-461-411

Learn how to maintain and repair your outboard motor with personalized instruction. No sterndrive powered boats; limited space available for outboard powered boats under 18 feet. Bring your outboard motor, basic hand tools and safety glasses.

24612	Mar 24 – Apr 21	Tu 5p-8p	\$63/\$8.40
	<i>Ashland: 120</i>		<i>Todd Larson</i>

Lawn & Garden Equipment Clinic

47-461-401

Learn to properly maintain your lawn and garden equipment through hands-on experience. Bring your lawn tractor, mower, tiller, snow blower, etc. Receive classroom training along with time to work on your equipment. Learn to check the battery, change oil, sharpen blades, properly clean carburetor, perform a tune-up, change spark plugs and do a compression test. For seasonal storage you will treat/stabilize fuel, discuss fuel treatments, fog engine, clean exterior and discuss proper storage and covering tips.

24907	Apr 6 – Apr 13	M 5:30p-9:30p	\$49/\$21.70
	<i>New Richmond: 1211</i>		<i>David Brown</i>

Truck Driving
Technical Diploma 10 weeks | 10 credits



WITC-New Richmond, WITC-Rice Lake

Start date: March 9, 2020

Visit witic.edu or contact an Admissions Advisor to learn more at **800.243.9482**

Caregiver CONFERENCES

Ashland Caregiver Conference

April 16 | WITC-Ashland

*The Caregiver Experience:
Tools to Assist in the Journey*

Twin Ports Regional Caregiver Conference

May 14 | WITC-Superior

Protecting Dignity at End of Life

Machine Shop

Machine Tool Operation

47-420-455

Gain the skills necessary to safely operate machine tool equipment at beginner and intermediate levels. Through lecture and demonstrations, learn safety, set ups, proper feeds, and speeds of equipment. An advanced lab opportunity is available for students demonstrating competency in safe machine operation. You may be approved to work independently on selected vocational objectives with assistance from the instructor. Safety glasses required; work boots and ear protection recommended.

24609	Jan 22 – Apr 8	W 5:30p-8:30p	\$157.50/\$34.65
	Superior: 118		Paul Kalin
24610	Jan 23 – Apr 9	Th 5:30p-8:30p	\$157.50/\$34.65
	Superior: 118		Paul Kalin
24611	Jan 24 – Mar 20	F 5:30p-9:30p	\$157.50/\$34.65
	Ashland: 119		David Olson

Welding & Woodworking

Artistic Welding

60-442-600

Welding: an artistic perspective! Do you have little or no experience with welding? Explore welding in a safe environment with a focus on its artistic possibilities. No loose clothing and hair must be tied back.

24634*	Jan 10 – Jan 24	F 4p-8p	\$82.80/\$56.40
	New Richmond: 1209		Casey Wagner
	*Project: student choice		

24615*	Mar 14	Sa 9a-3p	\$41.40/\$28.20
	Rice Lake: 189		Ric Eckstein
	*Project: choice of wall hanging		
24633*	Apr 7 – Apr 28	Tu 5:30p-8:30p	\$82.80/\$56.40
	Spooner High School		Samuel Woods
	*Project: student choice		

Welding

47-442-406

Learn oxy-fuel, shielded metal arc, gas metal arc and gas tungsten arc welding. Course is designed for beginner or intermediate students wishing to advance their skills. Individual projects need prior instructor approval. Bring a notebook, pliers, safety glasses, work boots, goggles and welding helmet to class. Course meets the 30 hr apprentice requirement.

25037	Jan 22 – Mar 25	W 6p-9p	\$144.38/\$42
	Ashland: 118		Matthew Tetzner
24613	Jan 24 – Mar 27	F 6p-9p	\$144.38/\$42
	Superior: 128		Paul Renman
25036	Feb 7 – Mar 27	F 4p-8p	\$154/\$44.80
	New Richmond: 1209		William Stacken
24614	Feb 14 – Apr 3	F 4p-8p	\$154/\$44.80
	Rice Lake: 189		Ric Eckstein
24632*	Mar 5 – May 14	Th 5:30p-8:30p	\$144.38/\$42
	Spooner High School		Samuel Woods
	*Class does not meet 4/9		

Beginner Woodcarving

60-409-601

Learn to carve a wood spirit on a diamond willow walking stick. Have fun with the basic cuts and design. Bring a pencil and quality carving knife (option to buy one at class is available).

24635	Mar 26 – Apr 16	Th 6:30p-8:30p	\$52.50/\$34.90
	Balsam Lake: 108		Sherrie Anderson

Welding for Women

60-442-600

Learn to weld with other women in a relaxed yet focused environment. Use horseshoes to create a wine/boot rack, flower or garden ornament! Supplies for one piece provided; feel free to bring your own horseshoes as well. Wear hair tied back, work boots and no loose clothing. Bring safety glasses, welding helmet and jacket if you have them (gear provided). Bring a lunch and \$20 supply fee.

25146 Mar 7 Sa 10a-3p \$41.40/\$28.20
New Richmond: 1209 Casey Wagner

HEALTH & WELLNESS

Caregiving

Caregiver Conferences

47-520-405

The Caregiver Experience: Tools to Assist in the Journey This conference for family caregivers and professionals features keynote Jim Adams and includes light breakfast, lunch, other speakers, vendors and door prizes. 6 CEUs available.

25371 Apr 16 Th 9a-3p \$35/\$14.52
Ashland: 306 Guest Speakers

Protecting Dignity at End of Life Don't miss this conference for family caregivers and professionals. Day includes a light breakfast, lunch, speakers, vendors and door prizes. 6 CEUs available.

24413 May 14 Th 9a-3p \$35/\$14.52
Superior: 108E Guest Speakers

Personal Wellness

Note for wellness classes: supply fees are included in registration cost unless stated otherwise.

Try Before You Buy:

Health & Happiness Factors

99-825-100

Explore factors that enhance health, happiness and hope for humanity. Instructor: Gigi Stafne

Jan 29 / W 12p-1p

25424 ITV: Rice Lake 25425 ITV: Superior

25431 ITV: Balsam Lake 25428 ITV: Ashland

25435 ITV: Shell Lake

Way to Be: Toxin Free

60-560-610

Every day, you are exposed to a multitude of environmental toxins that can wreak havoc on your health and well-being. A large number of these toxins come from foods and personal care/cleaning products. In this class, you will learn about harmful environmental chemicals and will learn how to incorporate essential oils and other natural substances for a healthier lifestyle that reduces the toxin load on the body. Emphasis will be placed on the role of diet, nutrition, environment and the incorporation of pure essential oils.

NOTE: For all sections course fee is \$26.50/\$17.70

Feb 11 / Tu 5:30p-8p

25263 ITV: Superior Beth Lindberg

25264 ITV: Rice Lake Beth Lindberg

25265 ITV: New Richmond Beth Lindberg

25266 ITV: Ashland Beth Lindberg

25267 ITV: Hayward Beth Lindberg

Those Aching Joints!

60-560-610

Feeling stiff and sore? Dietary, health, environmental and genetic factors can lead to rheumatism, arthritis and lack of mobility. Learn about herbs and foods to support a more fluid body and start feeling better!

NOTE: For all sections course fee is \$26.50/\$17.70

Mar 25 / W 9a-11:30a

24732 ITV: Rice Lake Gigi Stafne

24733 ITV: New Richmond Gigi Stafne

24734 ITV: Superior Gigi Stafne

24735 ITV: Ashland Gigi Stafne

24740 ITV: Balsam Lake Gigi Stafne

24741 ITV: Hayward Gigi Stafne

My Gut Aches!

60-560-610

Digestive system disorders are rampant in our society. Explore how you can opt for foods, supplements and herbal remedies to promote health and wellness for the stomach and intestines.

NOTE: For all sections course fee is \$26.50/\$17.70

Mar 25 / W 12p-2:30p

24742 ITV: Rice Lake Gigi Stafne

24743 ITV: New Richmond Gigi Stafne

24744 ITV: Superior Gigi Stafne

24746 ITV: Ashland Gigi Stafne

24747 ITV: Balsam Lake Gigi Stafne

24749 ITV: Hayward Gigi Stafne

Nourishing the Nerves

60-560-610

The nervous system needs extra nourishment by the time winter wanes and spring arrives. Learn how to nourish your nerves through foods, herbs and other naturopathic supports.

NOTE: For all sections course fee is \$26.50/\$17.70

Mar 25 / W 3p-5:30p

24751	ITV: Rice Lake	Gigi Stafne
24752	ITV: New Richmond	Gigi Stafne
24753	ITV: Superior	Gigi Stafne
24754	ITV: Ashland	Gigi Stafne
24755	ITV: Balsam Lake	Gigi Stafne
24756	ITV: Hayward	Gigi Stafne

Couples Massage

60-537-600

Bring a partner, and learn a half-hour Swedish/American massage routine for the back. Please note: you and your partner must both register for the class.

25122	Jan 30 – Feb 26 Th 6p-9p	\$37.50/\$24.30
	Rice Lake: Oak Tree Massage	Renee Mason

Hand Massage

60-537-600

Learn about the basic structure of the hand, what lotion/oils to use, and a basic hand massage routine.

25124	Feb 17 M 1p-3p	\$15.50/\$11.10
	Rice Lake Sr Citizens Ctr	Renee Mason

Seated Neck/Shoulder Massage

60-537-600

Learn about the basic structure of the neck and shoulders, and a fully-clothed 10 minute massage routine for someone seated in a chair in front of you.

25123	Mar 9 M 1p-4p	\$26.50/\$17.70
	Rice Lake Sr Citizens Ctr	Renee Mason

Sports & Fitness

Old Time Group Dancing

60-807-630

Kick up your heels, relax and get some exercise! Dances are thoroughly taught; no experience necessary. Dances include reels, circle mixer, square dances, contras and waltzes.

25234	Jan 29 – Mar 4 W 3:30p-5:30p	\$70.50/\$44.10
	Cornucopia Community Ctr	Donnan Christensen

Dance for Healthy Aging

60-807-630

Dancing can improve flexibility, balance and even memory as dance movements engage both sides of the brain. Learn traditional square dancing with a modern and innovative twist, all while engaging in a fun, physical activity appropriate for all ages.

25158	Mar 23 – Apr 27 M 12:30p-1:30p	\$37.50/\$24.30
	Superior: Sterling Silver Dance	Carolyn Nelson-Kavajecz

Try Before You Buy:

Try the Trails: Hiking

99-825-100

Get to know the Ice Age Trail and all that it offers. Instructor: Tim McRaith

Jan 28 / Tu 1p-2p

25436	ITV: Rice Lake	25437	ITV: Superior
25438	ITV: Ashland	25439	ITV: Ladysmith
25440	ITV: Hayward	25441	ITV: Shell Lake

Try the Trails: Hiking

60-891-650

The glacial trail system is right in your back yard; are you exploring it? Join this short class to learn about using the numerous trail systems in our area to benefit your physical fitness. Discover exercises and movements that will help you prepare for hiking and ways to ensure healthy and safe trail exploration. Then learn about the Tuscobia segment of the Ice Age Trail system that expands our vast northwest corner of Wisconsin. This class will prepare you for an in-person hike on one leg of the trail system.

NOTE: For all sections course fee is \$26.50/\$17.70

Mar 24 – Mar 31 / Tu 1p-2:30p

25102	ITV: Hayward	Tim McRaith
25103	ITV: Superior	Tim McRaith
25104	ITV: Ashland	Tim McRaith
25105	ITV: Balsam Lake	Tim McRaith
25106	ITV: Shell Lake	Tim McRaith

Trail Hiking: Live Exploration

60-891-650

Head out on a guided walk on one of the most sought after hiking trails, The Tuscobia State Trail. Meet at the trail head (on Highway SS near State Highway 53 north of Rice Lake). Maps will be provided at class; please arrive about 10 minutes prior to start of class.

25107	Apr 21 Tu 5p-7p	\$15.50/\$11.10
	Rice Lake: Tuscobia St Trail Head	Tim McRaith

Rhythm & Moves

60-807-607

These classes are modeled on brain-compatible dance education (Seattle) and the Mark Morris Dance for Parkinson's (Brooklyn). Moving to music helps the mind and body open up and develop flexibility and stamina. No dance experience is necessary. Class begins seated in chairs; you can choose to remain seated or to stand with or without support. All movements are at your pace and ability.

25181 Feb 4 – Mar 10 Tu 10:30a-11:45a \$70.50/\$44.10
Hayward Senior Ctr Sarah Boles

Spin Class for Seniors

60-807-607

Increase your BPM, strengthen your upper body and legs and decreases joint stiffness in this beginner class. Get your cardiovascular exercise with sequences of standing, hovers, sprints and light weights. As with all exercise, check with your physician prior to registering.

24418 Jan 30 – Mar 5 Th 12:30p-1p \$26.50/\$17.70
Ladysmith: Bodytherapy Brandon Hoyt

24417 Mar 19 – Apr 23 Th 12:30p-1p \$26.50/\$17.70
Ladysmith: Bodytherapy Brandon Hoyt

24416 May 7 – Jun 11 Th 12:30p-1p \$26.50/\$17.70
Ladysmith: Bodytherapy Brandon Hoyt

Strong Bodies

60-807-607

In this class, you will be guided through a series of total body strength-building exercises. This international fitness program is designed to target all muscle groups, increase range of motion and teach proper use of weights and form. Some scholarships are available by contacting Linda Hand at Washburn County ADRC at 715-635-4461. Bring your own mat.

25144 Jan 7 – Feb 18 TuTh 10a-11a \$70.50/\$44.10
Spooners Health Systems Vicky Neitge

25145 Mar 3 – Apr 9 TuTh 10a-11a \$70.50/\$44.10
Shell Lake: 128 Vicky Neitge

Total Body Strength

60-807-607

This is a total body workout. We will focus on working larger muscle groups to smaller muscle groups. Many of the exercises will be body weight exercises. We will also work on balance and core. Great for all levels!

24728 Jan 27 – Mar 2 M 9a-9:45a \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney

24729 Jan 27 – Mar 2 M 10a-10:45a \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney

24730 Jan 30 – Mar 5 Th 12:30p-1:15p \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney

24725 Mar 16 – Apr 20 M 9a-9:45a \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney

24726 Mar 16 – Apr 20 M 10a-10:45a \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney

24727 Mar 19 – Apr 23 Th 12:30p-1:15p \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney

24722* May 4 – Jun 15 M 9a-9:45a \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney
*Class does not meet 5/25

24723* May 4 – Jun 15 M 10a-10:45a \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney
*Class does not meet 5/25

24724 May 7 – Jun 11 Th 12:30p-1:15p \$37.50/\$24.30
Hayward Senior Ctr Jodi Olney

Weight Training For Beginners

60-807-607

Weight training is great for building strength and developing and maintaining muscle tone. Learn how to use weights and machines properly and discover the joy of becoming stronger at any age. This class is intended for individuals with little or no experience using weight training equipment. Please consult with your physician before participating.

24990 Jan 28 – Mar 3 Tu 10:15a-11:15a \$37.50/\$24.30
Hayward: Northwoods Fitness Ctr Rolfe Hanson

Weight Training: Beyond Beginner

60-807-607

Weight training is great for building strength and for developing and maintaining muscle tone. This course will help you continue to develop new strength training exercises - beyond the beginner phase. The class will be geared toward students who have some previous background or experience in weight training. Please consult with your physician before participating.

24991 Mar 17 – Apr 21 Tu 10:15a-11:15a \$37.50/\$24.30
Hayward: Northwoods Fitness Ctr Rolfe Hanson



NEW Art Retreats

Pen and Ink | P. 3

Floral Wall Hanging (Quilting) | P. 7

Try Before You Buy:

Tai Chi: Moving for Balance

99-825-100

Try Tai Chi and discover the many physical and mental benefits it has to offer.

Instructors: Tom Ross (Superior), Don Ross (Trego)

25447 Jan 31 F 11a-12p Superior: 114

25423 Jan 28 Tu 1p-2p Trego Town Hall

Tai Chi

60-807-640

Tai Chi is a great way to improve your balance and coordination, strength and vitality, and to rehabilitate and regain lost conditioning. Learn the Simplified 24 forms involving movement and breathing techniques to enhance your overall health by releasing toxins and bringing in more oxygen to your cells. This course is open to people of all ages.

24585 Jan 20 – Feb 24 M 5:30p-6:30p \$37.50/\$24.30
Superior: Bergquist Chiropractic Thomas Ross

24588 Jan 22 – Feb 26 W 10a-11a \$37.50/\$24.30
Superior: Ctry Peace Pres Church Thomas Ross

24584 Mar 9 – Apr 13 M 5:30p-6:30p \$37.50/\$24.30
Superior: Bergquist Chiropractic Thomas Ross

24587 Mar 11 – Apr 15 W 10a-11a \$37.50/\$24.30
Superior: Ctry Peace Pres Church Thomas Ross

24583* Apr 27 – Jun 8 M 5:30p-6:30p \$37.50/\$24.30
Superior: Bergquist Chiropractic Thomas Ross
*Class does not meet 5/25

24586 Apr 29 – Jun 3 W 10a-11a \$37.50/\$24.30
Superior: Ctry Peace Pres Church Thomas Ross

Tai Chi for Healthy Aging

60-807-640

Tai Chi promotes serenity through slow, gentle, flowing movements and deep breathing. It is low impact, making it safe for all ages and fitness levels including older adults who otherwise may not exercise. Benefits of Tai Chi may include: decreased stress, anxiety and depression; improved mood; improved aerobic capacity; increased energy; improved flexibility, balance and agility; and improved muscle strength. Check with your physician before starting.

25183* Apr 3 – May 29 MF 10a-11a \$92.50/\$57.30
Birchwood Senior Ctr Donald Ross
*Class does not meet 4/10 or 5/25

Try Before You Buy:

Chair Yoga

99-825-100

Take part in this low-impact, stress-reducing form of yoga. Instructor: Natalie Schmaltz

25411 Jan 28 Tu 12p-12:30p Webinar

Chair Yoga

60-807-628

Chair Yoga gives you the wonderful benefits of yoga without the possibility of injury. You can loosen and stretch painful muscles, reduce stress and improve circulation. Other benefits include: metabolism balance, respiration improvement, increased energy, decreased anxiety, decreased blood pressure, joint protection and increased strength and balance. Poses can be modified to adapt to your individual needs. You will need a folding chair or chair without arms and an optional blanket or pillow.

24454 Jan 21 – Feb 25 Tu 5:15p-6p \$37.50/\$24.30
Webinar Natalie Schmaltz

24455 Mar 10 – Apr 14 Tu 5:15p-6p \$37.50/\$24.30
Webinar Natalie Schmaltz

24456 Apr 28 – Jun 2 Tu 5:15p-6p \$37.50/\$24.30
Webinar Natalie Schmaltz

Try Before You Buy:

Gentle Yoga for Relaxation

99-825-100

Learn to let go of stress and tension from your day with yoga. Instructor: Lorrie Blockhus

25422 Jan 29 W 4p-4:45p Webinar

Gentle Yoga

60-807-628

Develop balance, flexibility and strength for body, mind and spirit through mindful movement and breathing. Open your spine, release tension, strengthen your immune system, strengthen and stretch major muscle groups and calm your mind with relaxation, centering and meditation. This class is suitable for beginning students and those seeking gentle movement. Bring a mat, blanket and towel. Check with your physician before starting.

25074 Jan 15 – Feb 26 W 1:30p-3p \$70.50/\$44.10
Hayward: Northwoods Fitness Ctr Joan Shumway

25073 Mar 11 – Apr 29 W 1:30p-3p \$70.50/\$44.10
Hayward: Northwoods Fitness Ctr Joan Shumway

24355 Jan 15 – Feb 19 W 5:30p-6:30p \$44/\$30.80
Webinar Lorrie Blockhus

24356 Mar 4 – Apr 8 W 5:30p-6:30p \$44/\$30.80
Webinar Lorrie Blockhus

24357 Apr 22 – May 27 W 5:30p-6:30p \$44/\$30.80
Webinar Lorrie Blockhus

24427 Jan 30 – Mar 5 Th 11a-12p \$37.50/\$24.30
Ladysmith: Bodytherapy Brandon Hoyt

24430 Jan 30 – Mar 5 Th 8:30a-9:30a \$37.50/\$24.30
Ladysmith: Bodytherapy Brandon Hoyt

24421 Feb 1 – Mar 7 Sa 11a-12p \$37.50/\$24.30
Ladysmith: Bodytherapy Brandon Hoyt

24424 Feb 1 – Mar 7 Sa 8:30a-9:30a \$37.50/\$24.30
Ladysmith: Bodytherapy Brandon Hoyt

24426	Mar 19 – Apr 23	Th 11a-12p	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>
24429	Mar 19 – Apr 23	Th 8:30a-9:30a	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>
24420	Mar 21 – Apr 25	Sa 11a-12p	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>
24423	Mar 21 – Apr 25	Sa 8:30a-9:30a	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>
24425	May 7 – Jun 11	Th 11a-12p	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>
24428	May 7 – Jun 11	Th 8:30a-9:30a	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>
24419	May 9 – Jun 13	Sa 11a-12p	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>
24422	May 9 – Jun 13	Sa 8:30a-9:30a	\$37.50/\$24.30	<i>Ladysmith: Bodytherapy</i>	<i>Brandon Hoyt</i>

Hatha Yoga

60-807-628

Hatha is a gentle style of yoga that combines stretching, breathwork and meditation to connect you to all parts of yourself. Benefits include: improved flexibility, mobility, strength, circulation, relaxation, balance and energy. Yoga helps bring awareness and trust to your body, calmness to your mind and joy to your spirit. Bring a mat, blanket, two yoga blocks and a 6-8 foot strap. Please check with your physician before starting.

25220	Jan 6 – Feb 10	M 9a-10a	\$37.50/\$24.30	<i>Round Lake Town Hall</i>	<i>Mary Jo Jirik</i>
25231	Jan 7 – Feb 11	Tu 4:30p-5:30p	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25232	Jan 7 – Feb 11	Tu 8:30a-9:30a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25219	Jan 8 – Feb 12	W 9a-10a	\$37.50/\$24.30	<i>Round Lake Town Hall</i>	<i>Mary Jo Jirik</i>
25229	Jan 9 – Feb 13	Th 10a-11a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25230	Jan 9 – Feb 13	Th 8:30a-9:30a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25071	Jan 13 – Feb 24	M 1:30p-3p	\$70.50/\$44.10	<i>Cable Natural History Museum</i>	<i>Joan Shumway</i>
25072	Jan 14 – Feb 25	Tu 11a-12:30p	\$70.50/\$44.10	<i>Drummond Public Library</i>	<i>Joan Shumway</i>
25218	Feb 24 – Mar 30	M 9a-10a	\$37.50/\$24.30	<i>Round Lake Town Hall</i>	<i>Mary Jo Jirik</i>
25227	Feb 25 – Mar 31	Tu 4:30p-5:30p	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25228	Feb 25 – Mar 31	Tu 8:30a-9:30a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25217	Feb 26 – Apr 1	W 9a-10a	\$37.50/\$24.30	<i>Round Lake Town Hall</i>	<i>Mary Jo Jirik</i>
25225	Feb 27 – Apr 2	Th 10a-11a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25226	Feb 27 – Apr 2	Th 8:30a-9:30a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>

25070	Mar 9 – Apr 27	M 1:30p-3p	\$70.50/\$44.10	<i>Cable Natural History Museum</i>	<i>Joan Shumway</i>
25075	Mar 10 – Apr 28	Tu 11a-12:30p	\$70.50/\$44.10	<i>Drummond Public Library</i>	<i>Joan Shumway</i>
25216	Apr 13 – May 18	M 9a-10a	\$37.50/\$24.30	<i>Round Lake Town Hall</i>	<i>Mary Jo Jirik</i>
25223	Apr 14 – May 19	Tu 4:30p-5:30p	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25224	Apr 14 – May 19	Tu 8:30a-9:30a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25215	Apr 15 – May 20	W 9a-10a	\$37.50/\$24.30	<i>Round Lake Town Hall</i>	<i>Mary Jo Jirik</i>
25221	Apr 16 – May 21	Th 10a-11a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>
25222	Apr 16 – May 21	Th 8:30a-9:30a	\$37.50/\$24.30	<i>Hayward Senior Ctr</i>	<i>Mary Jo Jirik</i>

HOME & LEISURE

Cooking & Baking

Note for cooking classes: supply fees are included in registration cost unless stated otherwise.

Asian Soup

60-303-610

In the Chinese culture, soups are an essential with every meal. Learn how to turn ingredients in your fridge and freezer into a nutritious pot of soup that can be served with rice or noodles to make a hearty meal for the family. Bring soup bowls and utensils.

24778	Mar 28	Sa 10a-2p	\$34.50/\$25.70	<i>Superior Middle School</i>	<i>May Joseph</i>
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Happy Spring (Roll)

60-303-610

Learn to make your very own egg rolls and rice wrapper rolls (fresh spring rolls) at home! Once you see how simple these are, they will surely be a crowd pleaser at the next family gathering.

24777	Apr 18	Sa 10a-2p	\$34.50/\$25.70	<i>Superior Middle School</i>	<i>May Joseph</i>
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WISCONSIN
INDIANHEAD
TECHNICAL
COLLEGE

Family & Relationships

After Death Home Care/Burial

60-305-620

Return to simple traditions: for thousands of years, families took care of their loved ones at home after death. It is a choice that is still possible. Discuss the legalities and practicalities of a home funeral, how spending time with a deceased loved one affects grief and the benefits of natural burial. It is legal, inexpensive and greener than a conventional funeral.

NOTE: For all sections course fee is \$26.50/\$17.70

Apr 23 / Th 1:30p-4p

24457	ITV: Rice Lake	Lucy Basler
24458	ITV: Superior	Lucy Basler
24459	ITV: Ashland	Lucy Basler
24460	ITV: Hayward	Lucy Basler
24461	ITV: New Richmond	Lucy Basler
24462	ITV: Ladysmith	Lucy Basler
24463	ITV: Siren	Lucy Basler

Financial Planning

Wills and Trusts

42-102-404

Understand what your current estate plan will achieve for you, how to avoid probate of your assets, and reduce or eliminate taxes to the extent possible. You will also learn how to effectively pass on your assets in the way that you desire.

24764	Apr 20	M 1p-3p	\$11.33/\$4.50
	Superior: 113		Susan Miley
24766	Apr 21	Tu 1p-3p	\$11.33/\$4.50
	WITC-Ladysmith		Susan Miley
24768	Apr 23	Th 1p-3p	\$11.33/\$4.50
	Ashland: 427		Susan Miley
24769	Apr 24	F 1p-3p	\$11.33/\$4.50
	Chetek Lutheran Church		Susan Miley



Facebook:
it's where we're at!

Up-to-date info on new classes and events!
facebook.com/WITC.ContinuingEd

Household Management

Downsizing Your Home

60-308-601

Explore reasons to downsize your home and simplify your life. Learn the steps involved in downsizing in addition to how intentional living can be applied to the process of downsizing whether you are planning a move or just looking to simplify.

NOTE: For all sections course fee is \$15.50/\$11.10

Feb 5 / W 6p-8p

24589	ITV: Rice Lake	Sarah Metcalf
24590	ITV: Superior	Sarah Metcalf
24591	ITV: Hayward	Sarah Metcalf
24592	ITV: New Richmond	Sarah Metcalf
24593	ITV: Ashland	Sarah Metcalf
24594	ITV: Siren	Sarah Metcalf
25809	ITV: Spooner	Sarah Metcalf
25810	ITV: Unity High School	Sarah Metcalf

Productivity Principles

60-308-601

Take control of your time and to-do list by learning the principles of productivity and time management. Discover how to utilize your time to put priorities and goals first. This class will focus on practical systems and tools that can be adapted to each individual.

NOTE: For all sections course fee is \$15.50/\$11.10

Feb 26 / W 6p-8p

24595	ITV: Rice Lake	Sarah Metcalf
24596	ITV: Superior	Sarah Metcalf
24597	ITV: Hayward	Sarah Metcalf
24598	ITV: Balsam Lake	Sarah Metcalf
24599	ITV: Ashland	Sarah Metcalf
24600	ITV: Siren	Sarah Metcalf
25804	ITV: Spooner	Sarah Metcalf
25808	ITV: Unity High School	Sarah Metcalf

Cut the Cable Bill

60-305-625

Thinking about getting rid of another monthly bill? TV lovers have more budget-friendly options these days than they may realize. This class will teach you how to ditch cable and satellite TV and save a bundle without giving up your favorite shows or features.

25039	Feb 4	Tu 1p-3p	\$15.50/\$11.10
	Siren: Professional Tutor		Sara Reimann
25040	Apr 7	Tu 1p-3p	\$15.50/\$11.10
	Siren: Professional Tutor		Sara Reimann
25284	Apr 24	F 12p-2p	\$15.50/\$11.10
	Hayward: 106		Troy Morgan

LIFELONG LEARNING

Career Development

Leadership in an Evolving Workforce

The workforce is in the midst of a drastic transition. Baby Boomers are retiring in masses, Millennials are the most predominant generation in the workforce, the independent Gen-X'ers have raised their children to be anything but, and iGen are right around the corner. These changes, along with trying to keep up with technology, are testing many forms of leadership. To exacerbate this evolution, communication, which should be easier with technology advances, has only become more complicated. This workshop will explore the evolution of the workforce, but more importantly provide specific strategies to become the efficient leader and communicator that your colleagues deserve. Light breakfast included.

25884	Feb 27	Th 8:30a-12p	\$39/\$25.35
	<i>Rice Lake: 241</i>		<i>Brad Gingras</i>

Essential Supervisory Skills

47-196-520

Essential Supervisory Skills training gives you the tools to meet the changing demands of the modern business environment. Whether you have just been promoted or have many years of supervisory experience, these skills will make you and your team more efficient and effective. Modules include: The New Supervisor, Communication, Employee Motivation and Teams, and Leader vs. Manager. This training is interactive with practical skill applications, individual and small group exercises, and real-life examples.

25100	Apr 8 – Apr 29	W 5:30p-8:30p	\$149/\$108.05
	<i>Superior: 111</i>		<i>Mary Tripp</i>

Leading Meetings: The Informal Leader

47-196-421

Parliamentary Procedures for the Non-Formal Leader You have the passion for leadership and the desire to run an effective meeting, but it's been a while since you've reviewed proper parliamentary procedures. In this short course, discover the basics of opening, running and closing a meeting. Learn about motions to call for action and when public comments are appropriate. Come join us for this informal review of the formal process.

25285	Feb 11	Tu 5:30p-7:30p	\$29/\$22.17
	<i>Webinar</i>		<i>Troy Morgan</i>

SafeZone: Diversity/Inclusion

47-520-405

SafeZone: General Session (Perfect for anyone in HR, educators and business professionals) Learn to develop and maintain environments in workplaces, schools and other settings that are culturally competent and supportive to LGBTQ+ individuals and people who care about diversity, equality and inclusion. Increase understanding through activities, discussion and videos that will help put a face on the experiences of LGBTQ+ individuals, provide accurate information to challenge myths and stereotypes, and encourage dialogue. Leave with resources for your work or classrooms. Light breakfast included.

25309	Feb 5	W 9a-12:30p	\$29/\$15.35
	<i>Rice Lake: 241</i>		<i>Sara Eckstein</i>

SafeZone for Healthcare Providers This expanded offering includes everything in the general session, plus special focus on issues LGBTQ+ individuals face in the healthcare setting and solutions to put into your care practice. Snacks included.

25310	Feb 19	W 1p-5p	\$29/\$15.35
	<i>Rice Lake: 241</i>		<i>Sara Eckstein</i>

Administrative Professional Celebration

47-106-437

Celebrate Administrative Professional Day! Do you work with an amazing Administrative Professional? Are you an Administrative Professional? We have an event for you. The Administrative Professional Day Celebration will include a luncheon, speakers on wellness and technology trends, networking, and pampering by the Cosmetology students.

NOTE: For all sections course fee is \$25/\$11.35

Apr 22 / W 11:30a-2:30p

24604	<i>ITV: Superior</i>	<i>Guest Speakers</i>
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24605	<i>ITV: Rice Lake</i>	<i>Guest Speakers</i>
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Continuous Process Improvement

47-196-437

Does your organization support a culture of Continuous Improvement (CI)? Perhaps you are in upper management and not quite sure what it takes to implement a CI program. Explore CI principles and values and how to define a process. Understand and define key elements for the customer, employee, business and the process—all factors that will influence the sustainability of your CI journey. Also explore how to measure the health of your business systems and understand the importance of communicating process performance to all stakeholders. Breakfast and certificate of completion included.

25038	Mar 27	F 8a-10:30a	\$39/\$25.35
	<i>Superior: 112</i>		<i>Scott Bensen</i>



New at WITC:

Learning for Life

CELEBRATE NEW EXPERIENCES

Thursday, May 7 | WITC-Ashland

Learners of all ages can explore a variety of topics, including wellness, history, home safety, the outdoors and much more!

P. 22

Language

Sign Language - Beginning

42-533-400

Learn the art of sign language including common phrases, questions, negatives, the alphabet, numbers and more. Also explore facial affect, sentence structure and proper terminology related to deafness. Communicate with deaf guests and gain a greater appreciation for their language and culture. Bring pen and paper.

24628 Apr 6 – May 11 M 6:30p-9:30p \$65.93/\$4.50
Rice Lake: 221 Betsy Wolford-Phillips

Sign Language - Intermediate

42-533-400

Designed for students who have completed a beginning sign language class or those with a knowledge of sign language. Cover advanced vocabulary, polish existing skills and cover other aspects of sign language structure. Develop conversational skills and learn to construct dialogues for common situations.

24629 Apr 7 – May 12 Tu 6:30p-9:30p \$65.93/\$4.50
Rice Lake: 221 Betsy Wolford-Phillips

American Sign Language Level 2

42-533-400

Continue your exploration of sign language and culture as you expand your vocabulary, polish existing signing skills, and explore other aspects of sign language structure. Develop conversational skills and learn dialogues for common situations.

25162 Jan 6 – Feb 10 M 6p-9p \$65.93/\$4.50
Superior: 113 Cheryl Blue

American Sign Language Level 3

42-533-400

Continue your exploration of sign language and culture. Your instructor will provide additional vocabulary, help you polish existing signing skills, and continue with instruction on other aspects of sign language structure. Develop conversational skills and learn to construct dialogues based on common situations.

25163 Apr 6 – May 11 M 6p-9p \$86.40/\$4.50
Superior: 113 Cheryl Blue



In their own words

What students are saying about
our sign language class

We had fun, we laughed, we learned. Cheryl [Blue]
is a great teacher and is very patient.

-Beginning Sign Language Student, October 2019

Beginning Spanish

60-802-600

Learn basic conversational Spanish in this interactive short course. This course employs a wide variety of learning activities that build Spanish comprehension and vocabulary. Individual requests for content related to professional, business, travel or other purposes will be integrated into sessions.

NOTE: For all sections course fee is \$59.50/\$37.50

Jan 28 – Mar 3 / Tu 6p-7:30p

24803	<i>ITV: Superior</i>	<i>James Richie</i>
24804	<i>ITV: Ashland</i>	<i>James Richie</i>
24805	<i>ITV: Rice Lake</i>	<i>James Richie</i>
24806	<i>ITV: New Richmond</i>	<i>James Richie</i>
24807	<i>ITV: Balsam Lake</i>	<i>James Richie</i>

Intermediate Spanish

60-802-600

This course picks up where the Spanish Beginning course ends and employs a wide variety of learning activities that build Spanish comprehension and vocabulary. Individual requests for content related to professional, business, travel or other purposes will be integrated into sessions.

NOTE: For all sections course fee is \$59.50/\$37.50

Mar 24 – Apr 28 / Tu 6p-7:30p

24819	<i>ITV: Superior</i>	<i>James Richie</i>
24822	<i>ITV: Ashland</i>	<i>James Richie</i>
24825	<i>ITV: Rice Lake</i>	<i>James Richie</i>
24827	<i>ITV: Balsam Lake</i>	<i>James Richie</i>
24829	<i>ITV: New Richmond</i>	<i>James Richie</i>

Spanish II

60-802-600

This conversational course employs a wide variety of learning activities that build Spanish comprehension, vocabulary, and oral and writing skills in a highly interactive environment. Learning materials are also highly varied, including total physical response, videos, the internet, written exercises, weekly homework assignments, etc. Individual requests for content related to professional, business, travel or other purposes are integrated into sessions. Instruction is mainly in Spanish.

24446* Jan 27 – Apr 20 M 6p-8:30p \$169.50/\$103.50
Superior: 306 Gary Valley
**Class does not meet 3/16*

Experience. Success.

Natural Science

Try Before You Buy:

How to Read Garden Catalogs



99-825-100

Better your understanding of garden catalogs with tips from a UW-Extension Master Gardener Volunteer. Instructor: Sue Reinardy

Jan 31 / F 10a-11a

25418	<i>ITV: Rice Lake</i>	25415	<i>ITV: Superior</i>
25417	<i>ITV: Balsam Lake</i>	25416	<i>ITV: Ashland</i>
25414	<i>ITV: Hayward</i>	25419	<i>ITV: Shell Lake</i>

Create a Potager Garden



60-001-602

Potager is a French term for a kitchen garden. These gardens can include not only vegetables but herbs, fruit, berries and cutting flowers. Learn from UW-Extension Master Gardener Volunteer: where to site your potager, plants to include and how to maintain it through the growing season. These gardens can be an attractive addition to your yard and provide your family with food and flowers throughout the growing season.

NOTE: For all sections course fee is \$15.50/\$11.10

Apr 17 / F 12p-2p

24464	<i>ITV: Hayward</i>	<i>Sue Reinardy</i>
24465	<i>ITV: Superior</i>	<i>Sue Reinardy</i>
24466	<i>ITV: Ashland</i>	<i>Sue Reinardy</i>
24468	<i>ITV: Rice Lake</i>	<i>Sue Reinardy</i>
24469	<i>ITV: Siren</i>	<i>Sue Reinardy</i>
24470	<i>ITV: Balsam Lake</i>	<i>Sue Reinardy</i>

Woodland Gardens



60-001-602

Discover plants suitable to the forest edge or under a shady tree in your yard. A UW-Extension Master Gardener Volunteer and will guide you through various topics, including how to add bulbs, ferns, perennials, grasses, sedges, trees and shrubs for three seasons of color. If you have light to medium shade, this program will give you ideas on how to incorporate these plants in your garden.

NOTE: For all sections course fee is \$15.50/\$11.10

May 1 / F 12p-2p

24553	<i>ITV: Hayward</i>	<i>Sue Reinardy</i>
24554	<i>ITV: Superior</i>	<i>Sue Reinardy</i>
24555	<i>ITV: Ashland</i>	<i>Sue Reinardy</i>
24557	<i>ITV: Rice Lake</i>	<i>Sue Reinardy</i>
24559	<i>ITV: Siren</i>	<i>Sue Reinardy</i>
24561	<i>ITV: Balsam Lake</i>	<i>Sue Reinardy</i>

Wild Mushrooms 101

42-806-410

Learn about mushrooms from a 30+ year veteran of wild mushroom foraging! You will explore the three rules (plus one!) and the safe six (morels, shaggy manes, hen of the woods, chicken mushrooms, oyster mushrooms and puffballs). Topics include tree identification, ethics, safety, storage and preparation. Poisonous mushrooms will also be discussed.

NOTE: For all sections course fee is \$24.98/\$4.50

Apr 6 – Apr 7 / MTu 5:30p-8:30p

25112	ITV: Rice Lake	Tavis Lynch
25113	ITV: Ashland	Tavis Lynch
25114	ITV: Ashland	Tavis Lynch
25115	ITV: Superior	Tavis Lynch
25116	ITV: Balsam Lake	Tavis Lynch
25799	ITV: Luck	Tavis Lynch

Wild Mushrooms: Spring Edibles

42-806-410

Discover how to identify, harvest and prepare wild morel mushrooms as you learn from a 30+ year veteran of wild mushroom foraging. You will also discuss oyster mushrooms, pheasant’s back mushrooms and edible spring plants. Emphasis will be put on safety and ethical harvest.

NOTE: For all sections course fee is \$24.98/\$4.50

May 4 – May 5 / MTu 5:30p-8:30p

25117	ITV: New Richmond	Tavis Lynch
25118	ITV: Ashland	Tavis Lynch
25119	ITV: Ashland	Tavis Lynch
25120	ITV: Superior	Tavis Lynch
25121	ITV: Balsam Lake	Tavis Lynch
25798	ITV: Luck	Tavis Lynch

Social Science

The Holocaust: Relevance Today

60-803-600

Tim Scott’s film *The Holocaust: Its Relevance Today* (putouttheflame.com) challenges Americans to put out the flame of racism, hatred, intolerance, prejudice and labeling. Lunch included. Current WITC program students can enroll for free by contacting Jill Fox at jill.fox@witc.edu or 715.246.6561 ext. 4342.

23106	Feb 7	F 9a-3p	\$39/\$25.80
	New Richmond: 1122A		Tim Schoff

Movies as Storytelling

60-803-600

Movies are one of the most popular ways to tell stories, and a good story is applicable through generations. This course looks at classic films (silents, talkies, b&w, color, and perhaps even an occasional “B” movie), the methods they use to tell their stories, and how writers can adapt cinematic techniques to print fiction.

25101*	Apr 3 – May 15	F 12:30p-3p	\$59.50/\$37.50
	Hayward: 106		Phyllis Karr
	*Class meets every other Friday		

Special Events

Learning for Life Day

60-305-600

Celebrate New Experiences The day offers learners of all ages the opportunity to explore a wide variety of new and interesting topics, including wellness, history, home safety, the outdoors, and much more. With three different tracks to choose from, you are sure to find topics of specific interest to you. Learn something new from a variety of local speakers all for one great price!

25211	May 7	Th 1p-5p	\$35/\$26.20
	Ashland: 305		Guest Speakers



DON'T FORGET:

Check the **DIGITAL SIGNS** on campus before your class to verify that your class **ROOM NUMBER** hasn't changed.

SAFETY & EMS

Emergency Medical Services

CPR/AED/Basic First Aid-ASHI

47-531-419

This course is combined CPR/AED/Basic First Aid designed for laypeople and is good for the community and workplace setting. Learn how to recognize emergencies, perform CPR, use an AED and perform First Aid until EMS arrives. This course will certify a person for 2 years in CPR/AED/Basic First Aid.

24957	Jan 20 – Jan 22	MW 6p-10p	\$42/\$14.70
	<i>Superior: 136</i> TBD		
24956	Jan 27 – Jan 29	MW 6p-10p	\$42/\$14.70
	<i>Ashland: 204</i> TBD		
25045	Jan 29 – Jan 30	W 6p-9p	\$42/\$14.70
	<i>Balsam Lake: 102</i> TBD		
25054*	Feb 19 – Feb 20	W 5p-10p	\$42/\$14.70
	<i>New Richmond: 1327</i> TBD		
	<i>*Class meets W 5p-10p & Th 5p-8p</i>		
24938	Mar 10 – Mar 12	TuTh 6p-10p	\$42/\$14.70
	<i>Superior: 134</i> TBD		
24940	Mar 24 – Mar 26	TuTh 6p-10p	\$42/\$14.70
	<i>Ashland: 204</i> TBD		

25051	Apr 4	Sa 8a-4p	\$42/\$14.70
	<i>New Richmond: 1215</i> TBD		
25043	Apr 21 – Apr 22	TuW 6p-10p	\$42/\$14.70
	<i>Balsam Lake: 102</i> TBD		
24939	May 11 – May 13	MW 6p-10p	\$42/\$14.70
	<i>Ashland: 203</i> TBD		
24937	May 18 – May 20	MW 6p-10p	\$42/\$14.70
	<i>Superior: 136</i> TBD		

CPR/AED/Basic First Aid Renewal-ASHI

47-531-459

This course will recertify students in CPR/AED & Basic First Aid. Students will renew their skills in CPR/AED and First Aid. Prerequisite: Students must have taken the original course within the last 2 years.

24952	Feb 6	Th 6p-10p	\$35/\$21.35
	<i>Superior: 134</i> TBD		
24955	Feb 13	Th 6p-10p	\$35/\$21.35
	<i>Ashland: 204</i> TBD		
24951	Mar 16	M 6p-10p	\$35/\$21.35
	<i>Superior: 136</i> TBD		
24954	Mar 25	W 6p-10p	\$35/\$21.35
	<i>Ashland: 203</i> TBD		
25052	Apr 4	Sa 8a-12p	\$35/\$21.35
	<i>New Richmond: 1215</i> TBD		
25044	Apr 21	Tu 6p-10p	\$35/\$21.35
	<i>Balsam Lake: 102</i> TBD		
24950	Apr 27	M 6p-10p	\$35/\$21.35
	<i>Superior: 136</i> TBD		
24953	May 19	Tu 6p-10p	\$35/\$21.35
	<i>Ashland: 204</i> TBD		



Online DRIVER EDUCATION Theory

Open to ANY Wisconsin resident age 15 and older.
Offered **completely online**—take it from anywhere!

Call **715.234.7082 ext. 5777** for more info.

ASHI Pediatric First Aid and CPR

47-531-420

This course will help students gain the knowledge, skills and confidence necessary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and first aid for children and infants. This course will certify a student for 2 years in CPR/AED/First Aid. Students will have the option to download a book from the internet after successful completion.

24943	Feb 18 – Feb 20	TuTh 6p-10p	\$42/\$14.70
	Superior: 134		TBD
24945	Feb 18 – Feb 20	TuTh 6p-10p	\$42/\$14.70
	Ashland: 204		TBD
24942	Apr 20 – Apr 22	MW 6p-10p	\$42/\$14.70
	Superior: 136		TBD
24944	May 5 – May 7	TuTh 6p-10p	\$42/\$14.70
	Ashland: 204		TBD

Defibrillation Heartsaver AED - AHA

47-531-463

The Heartsaver AED course teaches the basic techniques of adult CPR and the use of the automated external defibrillator (AED). You will learn about using barrier devices in CPR and giving first aid for choking. This course follows American Heart Association guidelines for performing CPR and AED use.

24021	May 18	M 5:30p-9:30p	\$38.15/\$24.50
	WITC-Hayward		Matthew Fitch

Medic First Aid

47-531-404

This course will help students gain the knowledge, skills, and confidence necessary to manage a medical emergency using CPR, an automated external defibrillator (AED), and first aid until more advanced help is available. This course will certify a student for two years in CPR/AED/First Aid. Book provided.

23928	Feb 1	Sa 8:30a-3:30p	\$42.60/\$15.30
	Rice Lake: 155		Judith Balog

23931	Mar 28	Sa 8:30a-3:30p	\$42.60/\$15.30
	WITC-Hayward		Matthew Fitch
23945	Apr 18	Sa 8:30a-3:30p	\$42.60/\$15.30
	Rice Lake: 165		Judith Balog
23942*	May 26 – May 27	Tu 5:30p-9:30p	\$42.60/\$15.30
	Rice Lake: 165		Judith Balog
	*Class meets Tu 5:30p-9:30p & W 5:30p-8:30p		

Medic First Aid Recertification

47-531-405

This course will recertify students in Medic First Aid. Students will renew skills in CPR, an automated external defibrillator (AED) and first aid. Prerequisite: Students must have taken Medic First Aid within the last two years. This course will renew your certification for two years. Book is provided at class.

23929	Feb 1	Sa 8:30a-12:30p	\$35/\$21.35
	Rice Lake: 155		Judith Balog
23930	Mar 28	Sa 8:30a-12:30p	\$35/\$21.35
	WITC-Hayward		Matthew Fitch
23944	Apr 18	Sa 8:30a-12:30p	\$35/\$21.35
	Rice Lake: 165		Judith Balog
23943	May 26	Tu 5:30p-9:30p	\$35/\$21.35
	Rice Lake: 165		Judith Balog

Pediatric Medic First Aid & CPR

47-531-464

This course will help students gain the knowledge, skills and confidence necessary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and first aid for children and infants. This course will certify a student for 2 years in CPR/AED/First Aid. Book is provided at class.

24015	Feb 22	Sa 8:30a-3:30p	\$42.60/\$15.30
	Rice Lake: 165		Judith Balog
24017	Apr 25	Sa 8:30a-3:30p	\$42.60/\$15.30
	WITC-Hayward		Matthew Fitch
24020	May 9	Sa 8:30a-3:30p	\$42.60/\$15.30
	Rice Lake: 155		Judith Balog



Essential Supervisory Skills

April 8 – 29
Wednesdays, 5:30 – 8:30 p.m.
WITC-Superior

PG. 19



Sign Up

for *The CE Connection*,
our biweekly e-newsletter:
bit.ly/witccenews

Pediatric Medic First Aid & CPR Recertification

47-531-477

This course will recertify a student in Pediatric Medic First Aid & CPR. Students will renew their skills in CPR, an automated external defibrillator (AED) and first aid for infants and children. Students must have taken Pediatric Medic First Aid & CPR within the last two years. This course will renew a student's certification for 2 years. Book is provided at class.

24016	Feb 22	Sa 8:30a-12:30p	\$39.50/\$25.85
	<i>Rice Lake: 165</i>		<i>Judith Balog</i>
24018	Apr 25	Sa 8:30a-12:30p	\$39.50/\$25.85
	<i>WITC-Hayward</i>		<i>Matthew Fitch</i>
24019	May 9	Sa 8:30a-12:30p	\$39.50/\$25.85
	<i>Rice Lake: 155</i>		<i>Judith Balog</i>

Personal Safety

Awareness & Self Defense

42-504-416

Discover how to avoid being a target, assess your surroundings, react to confrontation, anticipate an attacker's next move and break an attacker's grasp. Know how, when and where to strike if you have no other choice. Experience a mix of classroom instruction and hands-on martial arts training to build skills and confidence. Your instructor is an 8th degree black belt with 49+ years experience who has twice been inducted into the USA Karate Hall of Fame.

25035	Mar 28	Sa 9a-1p	\$18.15/\$4.50
	<i>Minong Senior Ctr</i>		<i>Lloyd Brown</i>

Traffic Safety

Drive Your RV with Confidence

42-812-409

Part of enjoying a recreational vehicle is feeling self-assured and confident on the road. Go over pre-trip inspection, parking maneuvers and route planning, focusing on clearances and road restrictions. Bring your own RV to practice behind the wheel in a safe and supportive setting.

24445	Apr 25	Sa 8a-12p	\$18.15/\$4.50
	<i>New Richmond: 1307</i>		<i>Brian Hudson</i>

Traffic Safety for Point Reduction

42-812-404

Examine your driving behavior and review traffic laws and penalties, with emphasis placed on ways to drive responsibly. Develop a change plan to reduce your risk of traffic violations and crashes. Upon completion you may be eligible to receive a 3 point reduction from your driving record. This class meets the requirements for anyone that has received a *Failure to Yield Right of Way Violation* 2011 Wisconsin Act 173-346.18.

25811	Jan 18 – Jan 25	Sa 8a-2p	\$71.95/\$31
	<i>Superior: 112</i>		<i>Timothy Smith</i>
24358	Jan 25 – Feb 1	Sa 8a-2p	\$71.95/\$31
	<i>Superior: 216</i>		<i>Timothy Smith</i>
24370	Feb 22 – Feb 29	Sa 8a-2p	\$71.95/\$31
	<i>Rice Lake: 155</i>		<i>Timothy Smith</i>
24372	Mar 30 – Apr 8	MW 6p-9p	\$71.95/\$31
	<i>New Richmond: 1327</i>		<i>Davin Miller</i>
24359*	Apr 4 – Apr 18	Sa 8a-2p	\$71.95/\$31
	<i>Ashland: 204</i>		<i>Timothy Smith</i>
	<i>*Class does not meet on 4/11</i>		
24371*	May 16 – May 30	Sa 8a-2p	\$71.95/\$31
	<i>Rice Lake: 212</i>		<i>Timothy Smith</i>
	<i>*Class does not meet 5/23</i>		

YOUTH CLASSES

Kids' Classes

Babysitting Boot Camp

60-891-663

Do you know how to calm a crying baby or what to do if a child has a stomachache? Learn how to help kids have fun while keeping them safe with this training from the American Red Cross. Skills taught include: First Aid/rescue breathing (CPR certification not a part of this class), making good decisions under pressure, communicating effectively with parents, infant care and managing a babysitting business. Bring a lunch to class. Ages 11 and up.

24833	Apr 4	Sa 9a-3:30p	\$65.50/\$47.90
	Ashland: 201		Susan Thurn
24830	Apr 25	Sa 9a-3p	\$65.50/\$47.90
	Hayward: Weiss Comm Library		Susan Thurn

Easter Egg Ornament

60-815-640

Create two beautiful egg-shaped decorations in this Easter-themed class.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24840	Mar 28	Sa 11a-1p	\$25.50/\$21.10
	Superior: Shannon's Stnd Glass	Shannon Johnson	

Mini Mixed Media Collage

60-815-640

Create your own unique mini collage—modern or traditional in any color/theme you choose! You may bring items to use in your collage, although objects will be provided.

NOTE: Class is open to age 13 – adult. Youth ages 13 – 15 must be accompanied by a registered adult.

25137	May 15	F 12:30p-3:30p	\$38.50/\$29.70
	Hayward: 104		Anisha Woods

Music as Language

60-805-605

Why is music called the universal language? Explore how music draws similarities to the language we speak and allows us to communicate more effectively. No musical experience necessary.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24443	Feb 10 – Mar 9	M 5:30p-7:30p	\$59.50/\$37.50
	Superior: 111		Luke Perry

Music Styles and History

60-805-605

Trace the evolution and history of popular music and learning how different styles have evolved up to the current day, in addition to discussing differences and similarities between music styles. No musical experience necessary.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24444	Mar 23 – Apr 20	M 5:30p-7:30p	\$59.50/\$37.50
	Superior: 306		Luke Perry

Improv 101

60-815-610

Improv is fun and has something for everyone from companies, to families, to individuals. Participate in warm-up exercises to help you let go and get your creative juices flowing. Explore and study short-and long-form improv in addition to tips from masters of improv. Your instructor is a Second City graduate who can't wait to explore the art of improv with you.

NOTE: Class is open to age 7 – adult. Youth ages 7 – 15 must be accompanied by a registered adult.

24852	Mar 26 – Apr 30	Th 5:30p-7:30p	\$70.50/\$44.10
	Ashland: 203		Cynthia Gaver

Test Prep

ACT Prep

42-890-415

Get ready to rock the ACT! Sessions in each subject area—take one or all four! Sessions are recorded and can be e-mailed upon request. All sessions are offered in-person at WITC-New Richmond and via ITV at other campuses.

- Monday:** English
- Tuesday:** Reading
- Wednesday:** Science
- Thursday:** Math

NOTE: For all sections course fee is \$31.80

Feb 3 – Feb 6 / M-Th 6p-8p

24919	ITV: New Richmond	Todd Kittel
24922	ITV: Ashland	Todd Kittel
24923	ITV: Superior	Todd Kittel
24925	ITV: Rice Lake	Todd Kittel
24926	ITV: Hayward	Todd Kittel
25161	ITV: Balsam Lake	Todd Kittel
25733	ITV: Grantsburg	Todd Kittel

WITC CONFERENCE CENTERS

DISCOVER A WELCOME RESOURCE. Full service conference center facilities for your team meeting, retreat or staff event.

- ▶ **WITC-Ashland**
Small and large groups
up to 200 people.

2100 Beaser Avenue
Ashland, WI 54806
715.682.4591, ext. 3150

- ▶ **WITC-New Richmond**
Small and large groups
up to 200 people.

1019 South Knowles Avenue
New Richmond, WI 54017
715.246.6561, ext. 4318

- ▶ **WITC-Rice Lake**
Small and large groups
up to 300 people.

1900 College Drive
Rice Lake, WI 54868
715.234.7082, ext. 5520

- ▶ **WITC-Shell Lake**
Small and large groups
up to 60 people.

505 Pine Ridge Drive
Shell Lake, WI 54871
715.468.2815 ext. 2050

- ▶ **WITC-Superior**
Small and large groups
up to 200 people.

600 North 21st Street
Superior, WI 54880
715.394.6677, ext. 6292

**Call
800.243.9482
or take a look
online at
witc.edu.**

Each center provides an ideal setting for conferences, seminars, and training sessions for a variety of business and community groups.

Facilities include both small and large-group meeting rooms with accommodations for 50-300 people, depending on the location. Refreshments, meals and room set-ups are coordinated by friendly conference center staff who strive to meet your training and meeting needs at very reasonable prices.

Featured Certificates 2020

Several classes are offered at **Hayward**, **Ladysmith** and **Balsam Lake** in addition to all four main campuses!

Nonprofit Essentials

Pathway certificate

15 credits

As a student in the Nonprofit Essentials career pathway program, you will explore the role of nonprofit organizations, develop volunteer and Board relationships, and coordinate grant and fundraising strategies. Graduates of this certificate can find work with assisted living centers, hospice and home care agencies, childcare programs, domestic abuse and homeless shelters, and many more nonprofit organizations, both locally and nationally.

10196131	Fundamentals of Nonprofit Management	3 credits
10104189	Social Media Marketing	3 credits
10196123	Grant Writing & Management	2 credits
10196127	Fundraising & Event Planning	3 credits
10196149	Dynamics of Board Relations	1 credit
10196158	Managing Volunteers	2 credits
10196159	Nonprofit Field Experience	1 credit

Leadership Essentials

Technical diploma

12 credits

A series of courses to assist you in developing the skills of current and future supervisors to lead today's workforce, Leadership Essentials focuses on leading people within an organization toward strategic goals, through corporate changes, or in directing processes and procedures.

Personal Skills for Supervisors	3 credits
Leadership Development	3 credits
Team Building and Problem Solving	3 credits
Supervision	3 credits

Dementia Care

Pathway certificate

12 credits

Gain relevant and emerging information related to dementia types, symptoms and progression. You will be provided with practical tools and strategies that promote effective communication, honor human dignity, and support the importance of advanced planning. You will examine ways to positively impact your community through advocacy, education and other cutting edge initiatives based on coursework and experiential learning activities.

Communication of Aging	3 credits
Alzheimer's and Dementia	3 credits
Death and Dying	3 credits
Legal and Financial Issues of Aging	3 credits

Microsoft Office

Technical diploma

9 credits

Using the Microsoft Office suite, you'll create letters, reports, forms or other material from rough draft, corrected copy or voice recording. In addition, you'll create spreadsheets, databases, calendars, emails or slides for presentations.

Microsoft Powerpoint	1 credit
Microsoft Outlook	1 credit
Microsoft Word A, B & C	3 credits (1 credit/ea)
Microsoft Excel A & B	2 credits (1 credit/ea)
Microsoft Access A	1 credit
Software Integration	1 credit

Contact your local campus Student Services office for more information and registration details about any certificate.

Academic support services are available.

Certified Nursing Assistant

Technical diploma

120 hours

The Nursing Assistant program provides classroom, laboratory instruction and supervised practice in area nursing homes and hospitals. The program is approved by the Wisconsin Department of Health Services, Office of Quality Assurance. Upon completion, students will be eligible to take the written and skills exams to be placed on the Wisconsin Nurse Aide Registry.

WITC BUSINESS TRAINING

FIRST IN TRAINING SOLUTIONS



WISCONSIN
INDIANHEAD
TECHNICAL
COLLEGE



Flexible

Convenient

Customized

**26 of WITC's
programs are
fully online.**

■ **Solve complex problems.**

To compete in today's global marketplace, your employees need to be well trained and current. WITC can help you get there.

■ **We start by listening.**

WITC takes the time to understand your needs. We know how to assess and design your customized training supported by business experts and instructional staff. Our experts will be there, every step of the way, keeping in touch, so you can focus on your day-to-day operations.

■ **Delivering the solution.**

Courses meet the training and certification needs of today's workforce, with convenient locations and a variety of delivery formats to fit your schedule.

Call your regional associate dean today for a free, no obligation customized training assessment!

■ **Dan Miller**

800.243.9482 ext. 6339

Ashland and Superior campuses including counties of Ashland, Bayfield, Douglas, Iron

■ **BJ Williams**

800.243.9482 ext. 5179

Rice Lake campus including counties of Barron, Rusk, Sawyer, Washburn

■ **Liz Pizzi**

800.243.9482 ext. 4376

New Richmond campus including counties of Burnett, Polk, St. Croix

Registration Information

It’s Easy to Register!

- ONLINE** Register and submit your credit card payment online at courses.witc.edu.
- PHONE** Register by phone using a credit card.
- IN PERSON** Go online to witc.edu or call ahead to check business hours of your local campus. Cash, checks and credit cards are accepted.
- MAIL** Fill out the registration form and mail it with payment to the appropriate campus. Your registration must be received before you begin courses.

Registration Locations

WITC-Ashland

2100 Beaser Ave, Ashland, WI 54806
715.682.4591 ext. 3050

WITC-New Richmond

1019 S. Knowles Ave, New Richmond, WI 54017
715.246.6561 ext. 4145

WITC-Rice Lake

1900 College Drive, Rice Lake, WI 54868
715.234.7082 ext. 5045

WITC-Superior

600 N. 21st Street, Superior, WI 54880
715.394.6677 ext. 6050

WITC-Balsam Lake Outreach Center

400 Polk County Plaza Balsam Lake, WI 54810
715.485.3044

WITC-Hayward Outreach Center

15618 Windrose Ln. Suite 106, Hayward, WI 54843
715.634.5167

WITC-Ladysmith Outreach Center

1104 Lake Avenue Suite 1, Ladysmith, WI 54848
715.532.3399

REGISTRATION POLICIES

Nondiscrimination Notice

WITC is an equal opportunity employer/educator functioning under the affirmative action plan. The Wisconsin Indianhead Technical College District does not discriminate on the basis of race, color, national origin, sex, disability or other applicable legislated categories, in its services, employment programs, and/or its educational programs and activities, including but not limited to admissions, treatment, and access. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Amanda Gohde, Director, Human Resources, Equal Opportunity/Access & Affirmative Action Officer, 505 Pine Ridge Drive, Shell Lake WI 54871, 715.468.2815 ext. 2240, Amanda.Gohde@witc.edu. Program information or assistance regarding requests for reasonable accommodation under the Americans With Disabilities Act can be obtained from the College Affirmative Action Office.

Accommodations for Persons With Disabilities

Reasonable accommodations for persons with disabilities will be made to ensure access to academic programs, activities, services and employment in accordance with 504 of the Rehabilitation Act of 1973, the Americans With Disabilities Act of 1990 and the Americans with Disabilities Act (ADA) Amendments Act of 2008. If accommodations are needed, the student should contact the campus Accommodations Specialist or Amanda Gohde, Director, Human Resources, Equal Opportunity/Access & Affirmative Action Officer, at 715.468.2240, 30 days in advance of needed assistance.

Senior Fees

WITC has implemented a waiver for students ages 62 plus. This waiver is for personal enrichment courses only (the catalog number begins with 60) and provides up to a 40% discount. (Amount varies based on material fees.) Student’s age must be 62 plus at the start of the term (6/1 for summer, 8/26 for fall and 12/23 for spring). Students ages 62 plus who are enrolled in professional courses (catalog number begins with 42 or 47) are still exempt from program fees under State Statute 38.24 (1)(b) and only required to pay material fees, which is approximately \$4.50 for many courses.

ARE YOU A

WITC

Alum?



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[@WITCAlumni](https://www.facebook.com/WITCAlumni)



Sign up for the e-newsletter:
bit.ly/witcalum



Make a difference; give today:
witc.edu/donate



WISCONSIN INDIANHEAD TECHNICAL COLLEGE

ALUMNI

30

WITC Continuing Education | Spring 2020



REGISTRATION FORM

For Continuing Education (non-credit) Courses
WITC is an equal opportunity employer/educator

Last NameFirst NameM.I. Former Last Name (if applicable)Date of BirthAge 62+

WITC Student ID No.

Social Security No.

☐ I've taken classes at WITC in the past.

Email address (required for WITC alerts and important communication)

Home phoneCell phone

Home address

CityStateZIP Code

Resident of (check one): ☐ Township ☐ Village ☐ CityCountySchool District

Last high school attended:

Highest grade COMPLETED (K-12):

The information below and right is required for state and federal reporting purposes and will be kept confidential.

Gender: ☐ Male ☐ Female

Ethnicity: Hispanic/Latino origin? ☐ Yes ☐ No

Race (check all that apply):

☐ American Indian/Alaska Native

☐ Asian ☐ Black/African American

☐ Native Hawaiian/Other Pacific Islander

☐ White

OFFICE USE ONLY

Term

38.14 Contract #

Employer #

Course Fees \$

Senior Fees \$

Other

Received by/ext.

Date/time

Highest Credential Earned

☐ 01 = No Credential

☐ 02 = GED

☐ 03 = HSED

☐ 04 = High school diploma

☐ 05 = Some college credit

☐ 06 = Short-term diploma/certificate

☐ 07 = 1yr diploma

☐ 08 = 2yr diploma

☐ 09 = Associate degree

☐ 10 = Associate degree + credential

☐ 11 = Baccalaureate

☐ 12 = More than Baccalaureate

☐ 99 = Student Declined/Unknown

It is your responsibility to contact WITC to officially drop a class. If you decide to drop, you should do so immediately as a single day can affect your refund amount. A full refund will be given if you notify WITC prior to the first scheduled class meeting.

CLASS NO.	CATALOG NO.	CLASS TITLE	LOCATION	START DATE	CLASS FEE
Once registered for a course(s), you have created a liability with WITC and a promise to pay.				TOTAL	

PAYMENT METHOD: ☐ Check or money order payable to WITC ☐ Cash ☐ MasterCard ☐ Visa ☐ Discover Exp. Date Security Code

Credit Card No.:Name on Card:Signature:

Traffic-Related Registration: Motorcycle, Traffic Safety, Group Dynamics, Multiple Offender

Driver's License NumberAssessment Agency and Date

Youth Registration: With parent/guardian approval, WITC courses are open to students age 16 or younger when the course meets outside student's normal school hours. Some courses may have minimum age prerequisites.

Signature of Parent/Legal GuardianDate

Sponsored Registration: If an agency or employer has agreed to pay your tuition, complete the section below and attach written authorization.

Name of Business/Agency:EMS/Fire Sponsor:

I authorize WITC to forward information regarding the completion of this course to the sponsor listed on the line above. Student Signature



Wisconsin Indianhead Technical College
505 Pine Ridge Drive
Shell Lake, WI 54871

2020 CALENDAR

Look inside or online at bit.ly/witcCEevents for full descriptions and details.

Register early as events fill quickly!

Law Enforcement Management Conference

January 13-16 | Barkers Island Inn, Superior

UDC Update

January 29 | WITC-Rice Lake

Dental Update

February 14 | WITC-Rice Lake

JA Counter Employer Symposium

February 20 | WITC-New Richmond

Leadership in an Evolving Workforce

February 27 | WITC-Rice Lake

Certified Medical Assistant Conference

March 7 | WITC-Rice Lake (ITV to Ashland)

April 18 | WITC-New Richmond (ITV to Superior)

Emergency Services Conference

March 20-21 | WITC-Rice Lake

Continuous Process Improvement

March 27 | WITC-Superior

Spring Safety Day

April 1 | WITC-Rice Lake

Essential Supervisory Skills

April 8-29 | WITC-Superior

Caregiver Conferences

April 16 | WITC-Ashland

May 14 | WITC-Superior

Administrative Professional Celebration

April 22 | WITC-Superior & Rice Lake

Final Affairs

April 24 | WITC-New Richmond

Cosmetology Expo

April 29 | WITC-Rice Lake

Learning for Life Day

May 7 | WITC-Ashland