

CRA Services

ALL SERVICES are FREE & CONFIDENTIAL

Crisis Line 24/7: 1-800-261-7233 and 24/7 text line: 715-553-3359

Shelter has paid staff 24/7

Advocacy, Support and Empowerment in legal, medical, human services and other agencies:

Attend meetings

Court hearings

Forensic Exams

Restraining Orders

Information and Referral

An advocate may meet with a victim/survivor at their workplace

How to Access CRA Services

Crisis Line 24/7- 1-800-261-7233

Text Message 715-553-3359

Facebook “Community Referral Agency”

Email at info@crashelter.org

Mail at P.O. Box 365

In person at the shelter in Milltown or the outreach offices in Siren or Rice Lake

Arranged meetings in a public place with private rooms

Arranged meetings in safe places in the workplace

An Advocates Role

We are here to **listen and validate**...*not to judge.*

We are here to help individuals **discover what they are feeling**...*not to make those feelings go away.*

We are here to help someone **identify their options**...*not to decide for them what they should do.*

We are here to **discuss steps** with an individual...*not to take the steps for them.*

We are here to help an individual **discover their own strengths**...*not to rescue them and leave them vulnerable.*

We are here to help an individual **discover they can help themselves**...*not to take the responsibility for them.*

We are here to help individuals **learn they have choices**...*not to make it difficult for them to make choices.*

We are here to provide support