

## **Incorporating Psychosocial Issues into Fieldwork II—Table Of Contents**

### **A. Values**

Coat of Arms  
What do I Value?  
Life Assessment

### **B. Interests**

The Leisure Link  
Leisure Values

### **C. Self-Concept**

Emotions  
Step up to a better you

### **D. Role Performance**

Juggling vs. Balance  
Roles

### **E. Social Conduct**

Good Manners  
Social Skills  
Social Bingo

### **F. Interpersonal Skills**

Self Disclosure  
Communication Building Blocks  
Conversation Skills  
Listening Skills

### **G. Self-Expression**

Day be Day  
Write to Heal  
Journal Keeping

### **H. Coping Skills**

Stress  
Stress Cycle  
Motto Game  
Positive Focus

### **I. Time Management**

Work Leisure Balance  
Are You on Brain Overload

Northwood Technical College  
Occupational Therapy Assistant  
Fieldwork Handbook

**J. Self-Control**

Positive Affirmation

Aggressive, Assertive, Passive

Goals

Goal Setting

Motivators

I like Myself A to Z

Kork-Khalsa, K. (2001). *Life Management Skills: Reproducible Activities Handouts Created for Facilitators*. Wellness Reproductions and Publishing, Inc.